

Community Matters

Proudly serving Patricia Heights • Rio Terrace • Quesnell Heights

Living on the RIGHT side of the freeway!

February
2014
Edition

A Message From Our CL President...

"It takes a village to do more than raise a child. It is the key to a satisfying life. It turns out we need our neighbors and a community to be healthy, produce jobs, protect the land, and care for the elderly and those on the margin."

Block and McKnight, 2010

Dear Neighbour,

I wanted to start this letter by being very deliberate in saying neighbour rather than "community members" or "Rio Terrace". Why you might ask? Well, I have been reading a great book called "The Abundant Community" and it focuses upon the reasons we move to, and live in, great communities. Do you know some of the top reasons people move to specific communities include family values, great schools, wonderful parks and an overall feeling of safety. Funny enough, those were the same reasons my family purchased our home in Patricia Heights. With that being said you will understand the remainder of this message.

As good neighbours, myself, and the cohort of regular community volunteers, want to get to know YOU. We want to hear about what you love and what you would like to improve in our community. We want to think together about how we can make things happen to support all of our neighbours. For example, have you ever imagined a spray park located in our park? Or a new community league building with a large gym to house more sports programs? Or a new CL kitchen where neighbours could come to gather and share in a meal once a month? Or a beautiful mural on the side of our community league building created by all of us?



To that end, please join us on Wednesday, March 26, for a great mingling session of meeting your neighbours and talking about our great community. Your ideas matter and getting to know a few more great people does nothing but build a stronger sense of belonging within our wonderful community.

Please consider this an open invitation to our mingle. We will have snacks, beverages and conversation on this great evening together. This is the start of something new for us - all of us!

See you soon.

Lance Burns, *Community League President*

UPCOMING EVENTS IN OUR COMMUNITY:

- Family Day Unplugged – Feb. 17
- Outdoor Soccer Registration – Feb. 22
- Community League Meeting – Feb. 26
- Community March Mingle – March 26
- Rio Gardens! Meeting – April 9
- Martin Kerr in Concert – May 2
- Rio Gardens! Weeding Bee – May 3

Connect with us!

www.rioterrace.ca

@RioTerrace

facebook.com/rioterracecommunityleague



LEAGUE MATTERS

Community News

Editing & Advertising:
Carlene Nohas & D-L Duffy Power
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Community League.

Proudly serving the neighbourhoods of
Rio Terrace, Quesnell Heights, and
Patricia Heights.

15500 76 Avenue NW
Edmonton, Alberta T5R 4L8
780-487-0610
www.rioterrace.ca

A member of the Edmonton Federation of
Community Leagues
www.efcl.org

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League Membership Rates 2013-14

Single/Couple: \$20
Single-Parent Family: \$20
Family: \$40
Single Seniors: \$5
Seniors: \$10

Memberships can now be
purchased at Mac's (9am-5pm)

Newsletter Advertising Rates 2014

Business Card: \$20
Quarter Page: \$35
Half Page: \$60
Full Page: \$120
Back Page: \$135

Classified ads also available. Contact one of
our co-editors for more information or to
book your ad.

Next Issue: May 2014
Submission Deadline:
TBA

Rio Terrace Community League

Executive, Board of Directors & Organizational

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	Diane Harrington	780-453-1091

OUR COMMUNITY MATTERS

Rio Terrace Church Performance Series

MARTIN KERR

Friday May 2, 7:30 PM



Don't miss the opportunity to hear this talented young man – a Canadian Idol finalist – in a welcoming, intimate setting.

Cash Wine Bar, soft drinks, and free light snacks

Free Childcare with RSVP

RTC: Celebrating 50 years in our community.

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From September - May

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Bring non-scuff runners.
Call Jay (780-484-2482) for further
information. We'd be pleased to see you!

Try it once or twice, free, to see
if you like it.

A Message from the CL Programs Director

***"We have all known the long loneliness and
we have learned that the only solution is
love and that love comes with community."***

~ Dorothy Day

Hi All!

We live in a great community with great people. As the Programs Director, I strive to plan programs and events that will bring our community together through activities that engage our youth and help us connect with our neighbours. We are planning a number of programs and activities for the coming year, but I would love to hear your feedback on previous events or thoughts for things you would like to see. One idea that we are considering is the **Little Free Library Project** which would involve setting up boxes around our community on the premise of 'take a book, leave a book'. Your feedback is always greatly appreciated and will help us create an even stronger and more vibrant community.

Cheers,

Samantha Gullekson

Program Director

samantha.gullekson@gmail.com


If you would like to be involved in the Little Free Library Project please contact Gordon Fuerst at gordonfuerst@gmail.com

Neighbourhood Mac's Under New Management

On behalf of all residents in our area, we would like to extend a hearty welcome to the new Mac's store managers, Harry and Harwinder! We are pleased to have them in our community and very grateful that they will continue to have our Community League memberships available for purchase in their store.


We would also like to mention that Saima and Ahmed are now managing a Mac's store at another location but wanted us all to know that it was a difficult decision for them to make as they found our neighbourhood to be very friendly!





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Rio Terrace Community Soccer

Registration for the 2014 Outdoor Soccer season

(EMSA West community level of play) will take place at the Rio Terrace Community League Hall on **Saturday February 22 from 9:00 AM to 1:00 PM**. Please attend this session if you can.

There will also be a late registration session on Tuesday March 4 at the Double Tree Inn (formerly the Mayfield Inn) from 6 PM to 9 PM.

Please contact director@rioterracesoccer.ca if you are not able to attend either of these registration sessions.

Each player being registered for community soccer needs to provide proof of community league membership, AB Health Care Card, and 2 cheques (only 1 for U-6).

The Community Outdoor Soccer Program is for children aged 4 through 18 (as of Dec 31, 2014) with age groups, birth years, fees and nights of play (tentative) as follows:

U6	2008 - 2010	\$100	Mon & Wed 6:15 PM
U8	2007 & 2006	\$120	Tues & Thur 6:15 PM
U10	2005 & 2004	\$160	Mon & Wed 6:15 / 7:30 PM
U12	2003 & 2002	\$190	Tues & Thur 6:15 / 7:30 PM
U14	2001 & 2000	\$220	Mon & Wed 6:15 / 7:45 PM
U16	1999 & 1998	\$220	Sun & Thur 6:15 / 7:45 PM
U18	1997 & 1996	\$220	Sun & Wed 6:15 / 7:45 PM

Outdoor Soccer games will start (weather permitting) in late April /early May and continue through to the end of June, followed by City Championships (1st week of July) and Inter-Cities Championships (mid July).

The Rio Terrace U6 Fun Soccer Program is a great introductory program for future soccer players. On Monday and Wednesday evenings at the Rio Terrace soccer field during May and June mixed teams of boys and girls aged 4 through 6 learn about soccer and team play while they emulate their dinosaur team names (a Rio Terrace tradition) and battle for supremacy, or at least have lots of fun and most importantly, enjoy their half time treats!! This is a fun oriented skill development Program where the parents can participate in the games and skill sessions.

The **U8 Program** continues the focus on player skills development through the format of a 20 – 30 minute skills and training session followed by a 25 – 30 minute game each night. This provides a great learning and development environment for the players and follows the direction of the Canadian Soccer Association's Long Term Player Development Plan.

2013 / 2014 Indoor Season Coming to a Close

The 2013 / 2014 Indoor Soccer season has been very exciting for the 11 Rio Terrace teams. League play ended in early February and City Finals take place Feb 22 & 23 - we look forward to hearing of some successful results for our Rio Terrace teams. Most of the Rio Terrace teams will participate in the season ending tournaments (Slush Cup or the U8 & U10 Mini Fests) for their age level. Congratulations to all of the teams for their efforts and the fun that they have produced and enjoyed over the season.

And, congratulations to the U16 Boys team coached by Sean Armstrong. The team was moved up to EMSA Premier B during this season and they continue to be very successful and appear headed to the Provincial Tier 3 Championships. Great job team !!!

Many thanks once again to all of the players, coaches and managers whose hard work and dedication have provided so many great moments for our soccer players. Our soccer playing children – and the parents as well - truly benefit from the efforts of so many volunteers who work so hard to provide a supportive and fun learning and sporting opportunity for our youth.

Looking for a U-6 Fun Soccer Coordinator

It would be great to bring on a U6 Fun Soccer Coordinator – the ideal qualification would be knowing many of the kids this age and overseeing team formation!

Please consider whether you are able to help make your community a better place through taking on this position – if interested or would like more info please contact director@rioterracesoccer.ca

"I alone cannot change the world, but I can cast a stone across the waters to create many ripples." Mother Teresa

Questions I'm Asked About Feeding Birds

By Dave Cleary of Wild Birds Unlimited on the corner of 122 St and 107 Ave in Edmonton

Q: How can I keep Magpies away from my bird feeder?

This is a question we get asked a lot. Black-billed Magpies are part of the Corvid family related to Crows, Ravens, and Blue Jays – all very intelligent birds, which makes them tricky to deter. They can be noisy and aggressive and can dominate a feeder when they are in the yard. We recommend passive solutions which do not harm the birds but restrict or guide their behaviour. Magpies, Blue Jays, squirrels, and other birds such as Chickadees all love peanuts. If you put peanuts in the shell out in a separate feeder, this can draw Magpies away from your other feeders. Physical barriers such as placing a cage around the feeder that allows small birds to enter the feeder but not the larger ones can help. We have a "Dinner Bell" feeder with a rain/snow guard that can be lowered to cover the feeder tray and restrict access of larger birds. One of our customers has had success using a wireless doorbell, with the doorbell in the feeder being operated by remote control from the kitchen when a Magpie lands in the feeder, scaring it off. Fortunately Magpies are not in the yard all the time, which allows other birds plenty of time to access your feeder. Their population has increased over the years so these fascinating birds will continue to be a challenge.

Q: Where are the Redpolls this year?

Last winter we saw large numbers of Common Redpolls (see photo) in Edmonton and area. But this winter there have been very few. The Edmonton Christmas Bird Count found just 144 Redpolls, compared to over 2000 last year. In St. Albert, none were seen at all. We suspected that might happen. Each year Ron Pittaway from Ontario produces a "Finch Forecast" that is pretty good at predicting the winter movement of finches, which includes Common Redpolls and Pine Siskins, common feeder birds. He bases the forecast on the crop of pine cones in the northern boreal forest. If it's a good crop, which it was this year from Alaska to Atlantic Canada, we are less likely to see these species. Why fly south when these birds can stay in their northern summer range and have lots of food? To give you an idea of how good the pine cone crop was, one of our Edmonton customers picked up over 5000 pine cones

off the ground under her 3 large spruce trees in her yard.

Q: Why am I hearing Chickadees singing?

I can hear one singing through the window as I write. As you listen, you'll notice there are often two or more calling, almost singing counterpoint to one another. Males begin singing in mid-January with increasing frequency as the winter progresses with females joining in occasionally. If you think the song sounds like "Hi, sweetie" you're right. It's the males calling to attract potential mates.

January 22, 2014

Janis Chapman/David Cleary
Wild Birds Unlimited
12204-107 Avenue NW
Edmonton Alberta T5M 4A8
Ph: [587-521-2473](tel:587-521-2473) (BIRD) Fx: [587-521-2474](tel:587-521-2474)
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Rio Gardens!

Annual General Meeting

The 2014 season for Rio Gardens! community garden kicked off with the Annual General Meeting on January 18th at Rio Terrace Moravian Church. Attendance was high—perhaps due to promises of baked goodies—and the company cheerful at the potluck breakfast gathering.

The community garden's business was attended to, including discussions regarding garden plot availability, rain barrels, a new tool shed, composting and, of course, the assigning of duties.

Allison McLean remains our Chair, with Ann Smreciu returning as Treasurer. Robin Cowdrey volunteered his services as Secretary. Thank you, Allison, Ann and Robin, for committing your time and energies to growing our community garden to its potential!

Also during the AGM, members reaffirmed our commitment to contribute fresh produce to the non-profit Crock Pot Kitchens program. This program assists recent immigrants by teaching them cooking techniques and recipes using slow cookers and local ingredients.

Gardens

There is currently a short waiting list for people to rent garden bed space. We are contacting people to sort out the 2014 roster of gardeners, but if you haven't heard from us yet, please feel free to send us an email to ask for a status update.

If new garden beds are to be built for the 2015 growing season, we'll need to know at least nine months out. This allows us to plan out the expansion, including any new agreements that need to be made with the City to move into the parkland to the west of the current community garden space. Plans to expand depend on the number of people who express an interest in joining us, so if you're wondering about joining us, please express your interest now.

Contact us at rioterracegardens@gmail.com to find out more information and to put yourself and your family on the waiting list!

And please take a look at our page on the Sustainable Edmonton site:

<http://sustainablefoodedmonton.org/rio-gardens>.



Fees

Annual membership: \$1.00

Full bed rental: \$40.00

Half bed rental: \$20.00

Note: half of the rental fee is refunded upon clean-up of your garden bed at the end of the season

Full garden beds measure 4' x 12' x 2'.

We do have non-gardeners who are members, so even if you garden on your own property, we welcome you to become a part of Rio Gardens! Future plans include workshops and hands-on events, so there are many ways to get to know your gardening neighbours.

Rio Gardens! Events

Wednesday, April 9th, 2014 at 7PM: next meeting for members and other interested parties; to take place at Rio Terrace Moravian Church (15108 76 Avenue)

Saturday, May 3rd, 2014 at 10AM: Spring Cleanup and "Weeding Bee" (weather permitting)

Sandra Gangel for
Rio Gardens!

Community building and sharing through gardening

“Unless today is well lived, tomorrow is not important.” Alan Sakowitz



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Green Corner

by Sandra Gangel

The norm for a start-of-the-year Green Corner column is to talk about what's in store for the year ahead in eco-living. This would include a list of various interesting things for us to do to decrease our carbon footprint, or to increase our green savvy, or to make living green more fun. Something along these lines:

- Some new ideas for how to save money by being green around the house
- Some recipes for organic meals that children will simply adore
- The best websites to use in calculating one's environmental footprint, as a way to mark the starting point in this year's environmental efforts
- Some startling statistics on the state of that hole in the ozone and the build-up of GHGs and the rising of the ocean levels
- A summary of where Canada stands now, in global rankings for ecological accountability, since our government rescinded adherence to the Kyoto Protocol (remember the Kyoto Protocol?)
- The latest technologies in energy production or homebuilding or vehicle efficiency or water recycling or organic farming....

Well, I think it would be more useful to take a step back. Take a deep breath. Reassess this whole environmental awareness / activism / lifestyle choices phenomenon.

Because let's face it. The Internet is crammed with advice and how-to tips, information and statistics. I'm frankly grateful for it and will continue to mine online for nuggets of the most intriguing and approachable bits to share with you, my community. For this Green Corner, though, I've been pondering a related question:

How do we measure the impact of our green actions?

Is it in the money saved at the end of each month? Each year? Is it the decline in the number of trash bags we take to the curb each week? Do we measure our green impact by an increase in blue bags at the curb and in donations to reuse centres and non-profits? How about gauging by the number of friends, family, neighbours and businesses we've influenced to switch to green power? For some of us, perhaps the gauge is in how eco-friendly our new infill home build is. For others still, we might measure by the size and yield of our house gardens—which often has a direct impact on our wallets at the grocery store.

Continued on page 11

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The City of Edmonton
And all of You!**

For making this year's Illuminight amazing,
and fun!

Over 400 people took a sleighride, and we
raised over \$3000.00 for Jasper Place Health
and Wellness Centre

“The village is coming back, like it or not.” David Brin

RESOLVE TO GET INVOLVED



This year, why not make your New Year's resolution to better yourself through helping others?

We are currently looking for volunteers to help out with meal preparation and delivery. Join our team today!

For more details go to
www.mealsonwheelsedmonton.org
VOLUNTEER AND SEE THE DIFFERENCE YOU CAN MAKE.

“Every person is defined by the communities she belongs to.”
Orson Scott Card

YOU are invited!
Please be our guest at the

COMMUNITY MARCH MINGLE

Join us for some refreshments and
be a part of this informal conversation and discussion with
your neighbours and members of the Board.

What do you like about our community?
Together, how can we make it even better?

What are your concerns?
How might we chart a course to find and develop solutions?

When: Wednesday, March 26 at 7 p.m.
Where: Rio Terrace Community Hall, 15504 76th Avenue

“We are looking forward to seeing YOU!”
Sponsored and hosted by Rio Terrace Community League

Green Corner continued from page 9

Or maybe, it's in the pride with which we can say to our grandchildren (and great-grandchildren) that we did our absolute level best to take care of the planet for them.

I think measuring the impact of my green choices is integral to keeping my commitment alive and in front of me everyday. Maybe your commitment is different than mine. Mine is to live responsibly with regard to the health of my fellow human beings and to the health of our planet. If I don't see how my choices make a difference, then I'm not very likely to continue making the same choices.

This is why ad agencies use money, or the bottom line, as the gauge in their commercials and ads for so many green products. It's the most visible difference, the most easily understood. Thirty seconds isn't enough time to get philosophical, after all.

But I think most of us know that money can't be the only measure we use. It's a very narrow set of parameters. Too narrow to use to quantify the unquantifiable: quality of life. The nation of Bhutan, however, is giving it a go, with its now-famous Gross National Happiness (GNH) index. From www.grossnationalhappiness.com:

The concept implies that sustainable development should take a holistic approach towards notions of progress and give equal importance to non-economic aspects of wellbeing. The concept of GNH has often been explained by its four pillars: good governance, sustainable socio-economic development, cultural preservation, and environmental conservation. Lately the four pillars have been further classified into nine domains in order to create widespread understanding of GNH and to reflect the holistic range of GNH values. The nine domains are: psychological wellbeing, health, education, time use, cultural diversity and resilience, good governance, community vitality, ecological diversity and resilience, and living standards.

We, as individuals, may not need to break down the aspects of our lives into four pillars and nine domains, but I think it important to consider how the green choices we make **do** impact whatever areas of our lives are precious to us. We need a personal happiness index, so to speak—to understand what drives us in making the choices we make. We need to comprehend the connection between the choices we face and their attendant consequences. That leads, I believe, to **actively** choosing the impact we make with our green choices, rather than just understanding the impact.

Otherwise, what's going to make it worth it for us to trek back out to the car in -36° to get the darned cloth bags instead of just using the store's plastic ones?

"One can acquire everything in solitude except character." Stendhal

FELICIA DEAN & JEN OSMOND
REAL ESTATE

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AVERAGE SOLD PRICE WAS \$468,833

PATRICIA HTS - AVERAGE LIST PRICE WAS \$521,657
AVERAGE SOLD PRICE WAS \$506,785

QUESNELL - AVERAGE LIST PRICE WAS \$909,750
AVERAGE SOLD PRICE WAS \$857,500

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Not intended to solicit properties that are already listed for sale.

CAMTA and Peggy Prodor Say a Big Thank you!

CAMTA (Canadian Association of Medical Teams Abroad) and Peggy Prodor, who volunteers with the organization, would like to thank all the special people who live in this great neighbourhood!

The dance/ silent auction/ fundraiser at the community league hall on January 17, was a great, sold out success! The social committee alumni was in fine form organizing and selling tickets, with the husbands pouring drinks. Thank you to the great band "Thirst N' Howl" who donated their services and kept the place rocking.

A great time was had by all! We raised over \$8,000 which will go directly to the CAMTA organization to further their work in Ecuador.

We truly do live in a wonderful generous community!

For further information on the organization check out their web site www.camta.com

RIO YOGA

Spring Into Shape!



April 7 - June 12, 2014

Rio Terrace Hall

Monday 7:00-8:00 pm

Tuesday 7:00-8:00 pm

Thursday 9:00-10:00 am

Please bring a mat and a blanket.

\$130/10 Weeks

All levels welcome!

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www.consciousyoga.org



Edmonton is a city with plenty of things to do! Here is a short list of family friendly events:

Harry Potter the Exhibit – TELUS World of Science
OPEN DAILY THROUGH TO SUNDAY, MAR 9, 2014

Harry Potter™ is a cultural phenomenon, inspiring the imaginations of millions across the globe. Now it's your chance to peer into the wizard's world in an interactive exhibit featuring hundreds of authentic props and costumes from the *Harry Potter* films. **To purchase tickets call 780-451-3344.**

Swing'n'Skate – City Hall

SUNDAYS FROM 11 AM - 4 PM UNTIL FEB 23, 2014

Features live swing, jazz and big band music in the City Room at City Hall from 11am-4pm on most Sundays until February 23, 2014. This season's acts, including Swing Manouche, the Bullies of Basin Street and Don Berner's Little Big Band, are sure to get you jiving – with the friendly help of the Sugar Swing Dance Club! If you'd rather be outdoors, the music will be broadcast directly outside for the enjoyment of ice skaters on City Hall Plaza. Free skate rentals will be available on a first come, first serve basis.

Silver Skate Festival - Hawrelak Park

FEB 15 – 24, 2014

The festival is rooted in the Dutch tradition of a love of the outdoors and the pleasure of experiencing the cultural and aesthetic beauty of winter. In recent years, the festival has exploded into an extravaganza of art, culture, recreation and sports programming.

Winterfête Family Day - Alberta Legislature Grounds

FEB 17, 2014 – FAMILY DAY ANNUAL EVENT

This free annual event offers fun for all ages. Indoors, families can explore the Legislature Building with a scavenger hunt and enjoy the kids' carnival including crafts, face painting, magic, puppetry, storytelling and dancing. Outdoors, celebrate and embrace the Alberta winter with horse-drawn wagon rides and skating.

Tours for Tots – Art Gallery of Alberta

WEDNESDAYS FROM 10 AM – 11 AM

Explore the Art Gallery of Alberta every Wednesday with your kids age three to five. From 10 am-11 am your children can participate in programs where they can make crafts, hear stories, and learn about artists and art. There's a different theme every week — check with the AGA's website to see what's going on. Programs are included with regular gallery admission.

Mom, Pop & Tots Fair – Edmonton EXPO Centre

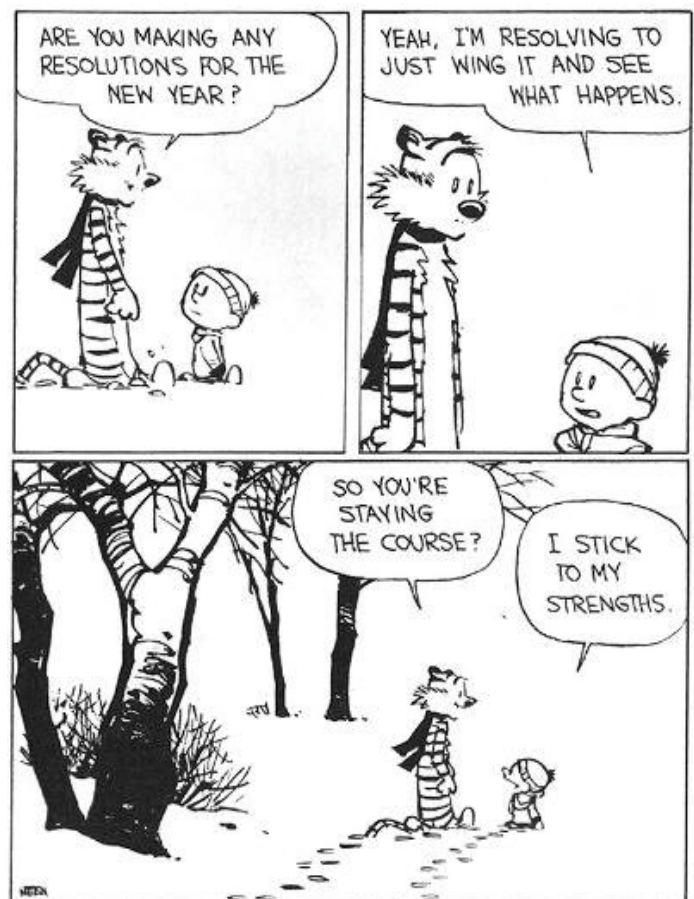
MAR 7 & 8, 2014 FROM 9 AM – 5 PM

Entertainment for the little ones, shopping and interactive learning experience for the adults, this Fair has everything a modern family needs and wants! The two-day trade show event devoted to every possible side of family life! The weekend promises lots of giggles and smiles for the little ones, who can enjoy a variety of exciting children entertainment activities including petting zoo and Meet & Greet sessions with popular kid's characters! For the adults, the Fair offers educational experiences and varied shopping opportunities for all things a family needs and wants. Tickets are available online prior to the Fair and at the door.

Mary Poppins – The Citadel Theatre

MAR 15 – APR 20, 2014 – Shoctor Theatre

The classic tale of a magical nanny and a family whose lives are forever changed comes alive at the Citadel Theatre. Fun for the whole family, this musical extravaganza is one you won't soon forget. Tickets start as low as \$35.00. **Call 780-425-1820 to get tickets.**



"Teamwork is the secret that make common people achieve uncommon result." Ifeanyi Enoch Onuoha

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Community League

Musical Yoga for Kids

Children will learn musical concepts/Yoga through games,
instrument playing, stories, and very busy play

NEW CLASSES START IN APRIL

Ages 4-6 Thursdays 3:00

Ages 7-10 Thursdays 4:00

Inquires or registration please call Ms. Leslie at 780-487-5019
or lamarks@shaw.ca

Facebook: www.facebook.com/beatjamkidz

Beatjam kidz Inc.

“An enlightened person raises the level of the consciousness of the entire community.” Phyllis Theroux



Disconnect to Connect
with yourself • family • community



Why Unplug?

- 58 percent of two to five year olds can play a computer game, while only 43 percent can ride a bike. (AVG, an internet security company)
- By graduation, the average teen will have spent more time watching screens than being in the classroom, playing sports and talking to their parents. (Screensmart.ca)
- Teens who have more than three family dinners per week are more likely to get better grades. (Casa, 2009)

Can your community connect the most on Family Day?

Log the hours you and your family unplugged on February 17. Beginning February 18, go to www.fcssaa.org to log your hours and tell your story.

(If you are participating in a community league challenge your hours should be collected at your community league event).

Brought to you by Edmonton Evergreen

Brazeau County
City of Edmonton
City of Leduc
City of St. Albert
City of Fort Saskatchewan

City of Spruce Grove
Leduc County
Strathcona County
Sturgeon County
Town of Beaumont
Town of Bon Accord

Town of Calmar
Town of Devon
Town of Drayton Valley
Town of Gibbons
Town of Legal

Town of Morinville
Town of Redwater
Town of Stony Plain
Village of Breton
Village of Thorsby
Village of Warburg



COMMUNITY CHURCH MATTERS

*RTC: Your Neighbourhood Church...
Celebrating 50 Years in Our Community!
In All Things...Love!*



1964-1974

- January 19, 1964 RTC became a congregation of Moravian Church
- Rev. J.H. Weinlick called the "hippie" pastor
- Construction of Hall
- 50 families Joined
- Community Newsletter printed and distributed by the church

1974-1984

- Personal Development Centre (now the Edmonton Support Network)
- First Woman Pastor
- West End Community Playschool formed
- Sanctuary enlarged

1984-1994

- Church folk help build a seminary in Alaska & school in Nicaragua
- Peace Ministry established
- Children's Choir Started
- 3 Christmas Eve Services
- Women Healing Women Group (survivors of child sexual abuse)
- Jeep purchased for a nurse in Nicaragua

1994-2004

- Memorial Garden dedicated
- MENDING programme (Men Ending Violence)
- Wheelchair access installed
- Eggstravaganza party for children at Mustard Seed Church
- Live Nativity in Park next to Church
- "Love In" 40th Anniversary Picnic

2004-2014

- Party in the Park
- Rio Gardens! Community Garden
- Illuminight Open House
- Children for a Better Tomorrow
- "Alberta Made" Pot Luck
- Sponsorship of seven Somali Orphans
- Workshops on Peak Oil, Eating Locally, Fruit Rescue, Urban Farming, Issues on Ageing, and Building for the Environment



Join the Celebrations Throughout The Year!
Check our Website for Details www.rioterracechurch.org