Community Matters

Proudly serving Patricia Heights • Rio Terrace • Quesnell Heights

August 2014 Edition

Living on the RIGHT side of the freeway!

WARNING! Becoming part of the community league executive can have <u>serious</u> side effects!

As members of the community press, it has been brought to our attention that several of our community league executive members have been experiencing some noted side effects. These side effects include, but are not limited to, the following:

<u>Weight-gain</u> - apparently from D-L and Carlene eating left over hot dogs and cake after the bike parade.

<u>Darkening of the skin</u> - this has mostly been reported by Rhonda when selling memberships at the Big Bin Event.

<u>Blurred vision</u> - reported by several of our executive members after community pub night. (they shall remain nameless)

<u>Enlarged calf and arm muscles</u> - due to Samantha picking up and placing large community event signs.

<u>Widening of the eyes</u> - usually reported after one realizes how very organized Yves is, both as the newsletter administrator, and Treasurer of the CL Board.

<u>Facial twitches</u> - (aka smiling) each time Gordon has yet again done another door-to-door survey.

<u>Sharp pain on side</u> - often occurring when laughing at the exchanges between Lance and Auriana at board meetings.

<u>Diminished fear of heights and improved spelling</u> - reported by Peter after changing the signs for the past 8 years.

The following are the more <u>serious</u> and <u>lifetime</u> reported effects from both past and present board members;

An increased sense of belonging!
Broadened circle of friendship!
Improved sense of community awareness!
Greater feeling of motivation!
Unique sense of gratitude!

If you or anyone you know is experiencing a lack of any, or all of these symptoms, please attend the AGM meeting on September 24, as we may just have the cure!

See you again in November!

Carlene and Dawna-Lynne



RIO TERRACE
COMMUNITY LEAGUE
ANNUAL GENERAL
MEETING (AGM)
will be held on:
Wednesday
September 24, 2014
7:00 PM
in the community hall

CONNECT WITH US!

www.rioterrace.ca

@RioTerrace facebook.com/rioterracecommunityleague



LEAGUE MATTERS

Community News

Editing & Advertising: Carlene Nohas & D-L Duffy Power

Distribution: Diane Harrington

Published in: February/May August/November copyright © 2014 by the Rio Terrace Community League.

Proudly serving the neighbourhoods of Rio Terrace, Quesnell Heights, and Patricia Heights.

> 15500 76 Avenue NW Edmonton, Alberta T5R 4L8 780-487-0610 www.rioterrace.ca

A member of the Edmonton Federation of Community Leagues www.efcl.org

Proud to be part of one of the best cities anywhere! www.edmonton.ca

League Membership Rates 2013-14

Single/Couple: \$20 Single-Parent Family: \$20 Family: \$40 Single Seniors: \$5 Seniors: \$10

Memberships can now be purchased at Mac's (9am-5pm)

Newsletter Advertising Rates 2014

Business Card: \$20 Quarter Page: \$35 Half Page: \$60 Full Page: \$120 Back Page: \$135

Classified ads also available. Contact one of our co-editors for more information or to book your ad.

Next Issue: November 2014 Submission Deadline: **TBA**

Rio Terrace Community League

Executive, Board of Directors & Organizational Volunteers

President Lance Burns

Vice President Tim Wong timothy.wong@hotmail.ca

Secretary Jessica Nattrass RTCLsecretary@gmail.com

Treasurer Yves Forté yves.forte@shaw.ca Membership Gordon Fuerst gordonfuerst@gmail.com

Newsletter D-L Duffy Power dlpower@shaw.ca

> Carlene Nohas carasen@telusplanet.net

780-444-6684

Newsletter Advertising Yves Forté

rio.terrace.newsletter.ad@shaw.ca

Newsletter Circulation Diane Harrington 780-453-1091

Social YOUR NAME HERE

Programs Samantha Gullekson 780-463-2958

sll4@ualberta.ca

Preschool Charlene Remenda Madra

Charlene.madra@gmail.com

Sign Peter Wong 780-487-7099

Maintenance YOUR NAME HERE Rinks YOUR NAME HERE

Hall Rental Carrie Anne Doucette 780-757-9399

Soccer Coordinator Perry Wynn

director@rioterracesoccer.ca

780-487-7099 Scouts/Cubs Peter Wong Guides/Brownies Dana Ferguson 780-486-2642

> Directors Helen Kukurba kukurbah@shaw.ca

> > Rhonda Holterhus 780-443-4624 780-487-7099 Peter Wong

len Osmond jenosmond@remax.net

Diane Harrington 780-453-1091

COMMUNITY MATTERS

COMMUNITY GARDENS

Rio Gardens! gardeners put the "community" into "community garden" in July at an impromptu social organized by Linda and Suzanne. Friends gathered next to the raised garden beds, enjoying food, conversation, and camaraderie.

If you are interested in joining Rio Gardens! please contact our chairperson, Allison McLean, at rioterracegardens@gmail.com for more information and to get your name on the waiting list. The community garden functions as a collective with executive duties shared by volunteers from the membership. Membership is only \$1 per year. Information on rental rates and garden bed sizes can be obtained by emailing Allison, or by visiting our listing on the Sustainable Food Edmonton website: http://sustainablefoodedmonton.org/rio-gardens.

Sandra Gangel for Rio Gardens!

Community building and sharing through gardening







MEMBERSHIP DRIVE

and

BIG BIN EVENT SEPTEMBER 27st, 2014

9:00 a.m. - 4:00 p.m.

*For residents of Rio Terrace, Quesnell and Patricia Heights ONLY



* Must present valid Rio Terrace Community League Membership <u>before</u> participating. Memberships will be available for

PLEASE NOTE: The following Items will NOT be accepted and must be taken to the Eco-Station:

Corrosive/ poisonous cleaners

bleach, drain, toilet and oven cleaners, paint/stain (empty or full cans, including aerosols),thinners, turpentine, varnishes, paint remover

Appliances and scrap metal

Televisions, computers and other electronic items or anything with a battery contain hazardous materials like lead, mercury and cadmium. They pose a threat to the environment if buried in a landfill. Fridges, freezers have refrigerants that need to stay out of landfill. Gasoline powered motorized tools such as lawn mowers.

Lawn & garden

herbicide, pesticide, fertilizer

Automotive

motor oil, filters and containers, antifreeze, gas, diesel, and containers, all automotive fluids, tires, car batteries

Other

Partially full aerosol cans (recycle empty ones), batteries (any kind), caulking, cement powder, fire extinguishers, propane bottles or tanks, syringes (packaged in a plastic bottle), photo chemicals, glues

"It is better to offer no excuse than a bad one." ~ George Washington

RIO YOGA

Mind Body Spirit



September 8th-December 11th, 2014

Rio Terrace Hall

Monday 7:00-8:00 pm Tuesday 7:00-8:00 pm Thursday 9:00-10:00 am Please bring a mat and a blanket.

\$182.00/14 Weeks All levels welcomel Karen Hamdon SYT 780 489 5920

Contact us about our Yoga Retreat to India in March 2015!

www.consciousyoga.org



Rhythm, Story Time

Come and join us for a music-filled morning with your child! (Ages 0-5yrs.)

Fall Session

Begins Sept. 16th-Dec.2 at the

Rio Terrace Community Center

Tuesdays 9:15 - 10:45am \$130 for 11 weeks

For more information or to register please visit our website

www.EdmontonPreschoolMusic.com

Or E-mail Corrine Macdonald at corrinemacdonald@shaw.ca



SOCCER MATTERS

Rio Terrace Soccer News

2014 outdoor soccer season a great success

2014 was another great year of community soccer for Rio Terrace based teams. As was the case for the 2013 outdoor soccer season, we had 15 teams hosted out of Rio Terrace for the 2014 season. This means over 200 players played for Rio Terrace teams in the 2014 Outdoor soccer season at the community U-8 through U-18 age groups. With 4 U8 teams & 4 U10 teams, the Rio Terrace soccer program will be busy for the next few years! Rio Terrace teams continued to enjoy great growth and experience success during the Outdoor season, including:

The U-10 Boys team coached by Blair Schmaus won Gold at the City of Edmonton Championships in tier 4.

The U-16 Girls team with long time head coach Mark Mertens won Silver at the City Championships in tier 4 and then placed 4th in the tier 4 Provincial Championships.

The U-18 Boys (who were playing U18 while still being age eligible to play U16) with long time head coach Sean Armstrong and manager Leslie Armstrong won Gold at the tier 5 City Championships and then won Silver at the Tier 5 Inter-City Championships.

The other Rio Terrace teams also had fine seasons with lots of great soccer and many victories – whether on the game sheet or not – along the way. Most of the Rio Terrace teams participated in the Slurpee Cup tournament in June with great success and lots of fun.

The U6 Fun Soccer Program was again bursting at the seams this year with 6 teams and over 60 players. This inhouse program kept the Rio Terrace soccer fields busy and kept the parents, grandparents and others very entertained throughout the season. The season ended with the traditional bouncy house and team themed dinosaur Dairy Queen ice cream cakes and other treats.

We are very fortunate in Rio Terrace that we have so many dedicated soccer coaches and team managers who give their time, effort and expertise to make soccer a fun and rewarding experience for our youth. The whole community thanks you for all that you do with the youth of our community. Take a bow each and every one of you!!

2014-2015 Indoor Soccer Registration

New for 2014 – Soccer registration for the 2014-2015 Indoor Soccer season will be conducted through an online registration process. From Aug 15 through Sept 11 you will be able to register and pay the registration fee on-line for the 2014 -2015 indoor soccer season. Team player fees will be collected at a later date.

Starting Aug 15, check out EWZSA.com as well as rioterracesoccer.ca for further details as to age groups, fees, dates of play, the registration process, etc.

At this time there is no plan to have a central in-person registration process as there has been in prior years.

Players born in 1997 through 2008 are eligible to play community youth soccer in the age groups U8 through U18. Younger players can also be registered on-line for the U4 – U6 programs that are run by EWZSA. The Indoor season will start in October and carries on through to the end of February. Teams play once a week with U8-U12 games on Saturdays and U14-U18 games on Sundays. Generally there is one practice a week.

Again - for more information on Indoor registration please visit www.rioterracesoccer.ca you can also contact me via email at director@rioterracesoccer.ca Fees, age groupings, etc. will be available on the Rio Terrace Soccer website by mid August.

Soccer Volunteer Opportunities Available

Community Soccer Coordinator (my position)

I am looking to train / mentor / groom someone to take over my position. A great way to meet / know all of our community soccer players and their parents.

U6 Fun Soccer Co-ordinator – Outdoor only (so 2015)

Responsible for organizing the set-up of the U6 Fun Soccer (4-6 year olds) Program for Rio Terrace.

If interested in learning more about either position please contact Perry Wynn at director@rioterracesoccer.ca or see me at the Indoor registration sessions

"Millions saw the apple fall, but Newton was the one who asked why."



HERR window & door

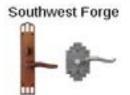
Call today to see our innovative selection of doors

By Appointment Showroom 6011-103 A st. Edmonton

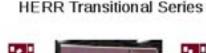
(780) 453-5929

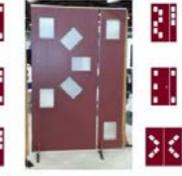






Bamboo doors





visitreplaceMYwindows.ca



Mozaic Massage and Wellness is growing!

We are pleased to introduce our wellness team:

Tamara Goodrich RMT – Office Manager, Massage, Laser Therapy Shawna Weardon RMT – Massage, Laser Therapy AudreyLynn Fluet RMT – Massage Karen Chouinard-Stewart, BScPT – Clinical Pilates

Dr. Franchesca Lee, DC – Laser Therapy

Massage - deep tissue, Swedish relaxation, hot stone, facial and cranio-sacral

Clinical Pilates - sessions are one-on-one and customized for you. Benefits include balanced muscular development, improved body awareness and a wonderful sense of centering and well-being.

Low Intensity Laser Therapy (also known as cold laser therapy) - is beneficial in treating soft tissue, sports and repetitive stress injuries, inflammatory conditions, and many other conditions.

Please contact us with any questions or to book a session.

Patricia Heights Shopping Centre ~ 7656-156 St 780.484,5888

info@mozaicmassage.com

Online booking www.mozaicmassage.com

AGM MATTERS

Rio Terrace Community League Annual General Meeting (AGM)

September 24, 2014 at 7:00PM at the Community Hall, 15504 76th avenue

The Rio Terrace, Patricia Heights and Quesnell Heights Board is seeking members of the community to step up, join the group and volunteer their time once a month for meetings, and to take on other duties as needed.

This year, the AGM elections are for the following executive board positions, for two year terms.

- VICE PRESIDENT
 PROGRAM DIRECTOR
- MEMBERSHIP
 TREASURER

Our bylaws, as posted at http://www.rioterrace.ca/ our_community/bylaw, identify the responsibilities of these positions as follows:

The Vice President: The Vice President will:

- preside at any meeting the President is absent from;
- assume any duties from the President as required;
- acts as a signing authority;
- responsible for the annual review of the Bylaws, Policies and Procedures; and
- is a member of the Executive Committee.

Treasurer: The Treasurer will:

- be responsible for all financial records of the League;
- be responsible, on behalf or in the name League, for all monies collected or otherwise received, issuing receipts, payments of all accounts when properly approved, and keep proper accounts, receipts, and vouchers of same, and the deposit of funds to the League's bank accounts;

- report the financial standing at every Board and General Meeting;
- present to the Annual Meeting an audited statement of the financial affairs for the preceding fiscal year;
- review and prepare policy and procedures with respect to the financial matters of the league;
- recommend, in conjunction with the President, an Annual Budget to the Board of Directors.
- act as a signing authority;
- be a member of the Executive Committee; and
- prepare an annual budget

Program Director: The Program Director will:

- be responsible for all programs, including talent competitions, educational events, Play-school, etc.
- Prepare an annual budget for programs and submit it to the Treasurer;
- Review and prepare policy and procedures with respect to programs; and
- Report monthly to the Board of Directors

Membership Director: The Membership Director will:

- be responsible for the organization, timing and completion of the annual Membership campaign,
- keep a record of and maintain the membership lists and other records pertaining to membership;
- ensure compliance with the EFCL Code of Ethics with respect to selling memberships;
- prepare an annual budget for membership and submit it to the Treasurer.

Please note that it is also possible to split the duties of one position and work as a team.

We hope to see you at the AGM, to help choose those that will work to keep our community vibrant, and possibly to join the Board!





"Why fit in when you were born to stand out?" ~ Dr. Seuss

GSFI Renovations

July has come and gone but there is still time

Looking to update or completely overhaul the exterior of your home.

- Siding; Vinyl, Canexel, James Hardy
 Soffit & Fascia
 - · 5" Continuous Eavestrough
 - · Window and Door Capping
 - · Windows and Door Installation
 - Fences & Decks
 - Roofing; Shingles and metal

Call us or email today to get a quote before the leaves start to fall

Greg Dozorec
Owner/Installer 780-278-4515
GSFI@shaw.ca
Greg is on the job from start to finish no middle person.

WCB & Liability Insurance Coverage



- *Teachers with B. Eds
- *Thematic Learning
- *Pre-Literacy Skills
- *Early Numeracy Skills
- *Music
- *Inquiry-Based Learning
- *Subsidy Available
- *NO Parent Duty Days

Established playschool for over 35 years

Where our students learn to LOVE LEARNING!

Westend Community Playschool

in Rio Terrace 15108-76 Ave

Currently Accepting Registrations For 2014/15

For more information Please contact:

3 & 4 Year Old Registrar Candace -(780)297-2737

Or WECP – (780) 444-0221 www.wecp.ca

PIANO LESSONS

For adults and children All levels Experienced piano and theory teacher

ROYAL CONSERVATORY OF MUSIC EXAM PREPARATION

> Helen Schmidt, ARCT 77 Ave & 157 Street 780 489 9025



Lynnwood 116th

REGISTRATION NIGHT

Tuesday September 16th 7pm - 9pm

Lynnwood Hall 15525 84 Avenue Edmonton

For more information visit us at www.Lynnwood116.com Rusty@Lynnwood116.com

GREEN MATTERS

GREEN CORNER

by Sandra Gangel

So what's all this fuss about bees?



Well, it appears that they—along with other pollinators around the world—are affected adversely by pesticides, not to mention the stresses of cross-country travelling for work. Go figure.

Bees are recognized as being vital pollinators for a wide variety of plants, in addition to being considered simultaneously cute (it's the fuzziness) and frightening (those stingers!). Some of these plants many of us already know about, such as the wildflowers we've planted in our gardens. Others are global food crops, such as almonds.

Recently, news has spread that bees are dying off. A few months back, news about the death of bee colonies all over Ontario spread rapidly over social media, spurred in no small part by Canadian literary icon Margaret Atwood and her fan base. There was also the photo of blue and green honeycomb that floated around the Internet; bees in France were eating M&M candy shell waste from a Mars (candy) plant located 4km from their colony. The honey was unsellable and therefore discarded, bringing additional pressure on local honey 'farmers' who were already concerned about bee mortality rates and low honey stocks.

What's killing the bees, then?

If one were to search online using the terms, "bees," "neonics," "almonds," and/or "varroa mites," one would find a large sampling of articles and opinions pieces and petitions. Some would call for a ban on certain kinds of pesticides, which were proven, in a recently-released scientific study, to be killing bees. This is how an article from the David Suzuki Foundation summarizes it:

"The report, produced by the Task Force on Systemic Pesticides, is the work of 50 independent scientists from around the world who spent four years analyzing more than 800 peer-reviewed scientific studies. ... [The] new report concludes that neonicotinoid pesticides, or neonics, 'pose a serious risk of harm to honey bees and other pollinators.' They also harm butterflies, earthworms and birds, and because they're now found in soils, sediment, groundwater and waterways, they alter 'biodiversity, ecosystem functioning and the

ecosystem services provided by a wide range of affected species and environments."

(source: http://www.davidsuzuki.org/blogs/science-matters/2014/07/its-time-to-save-the-bees-and-ban-neonic-pesticides/)

Others, nevertheless, would state unequivocally that it's not pesticides that are the problem.

An opinion piece by Steve Milloy from 2013, on the US-based Daily Caller website, disagrees with this assessment, pointing to "the fact that honeybees flourish amidst the millions of neonic-treated acres of canola in Britain and western Canada." (He doesn't cite a source, however.)

Instead, Mr. Milloy believes the problem is that California's massive industrial almond production farms need upwards of one millions colonies of bees in order to pollinate their trees. Since there aren't enough colonies within California to support this, bees from as far away as Florida get shipped in for pollination duty. The stress of long-distance travel—bees hate noise and vibration—makes for weaker bees that are then more susceptible to varroa mites, who introduce fatal viruses and pathogens into bee colonies and are virtually impossible to eradicate.

(And yup, if you notice the dates, you'll see that the new report on neonic pesticides came out in July of this year, while Mr. Milloy's piece is from 2013. So, while it's not a direct response to the report, the 2013 opinion piece is nevertheless a representative piece in opposition to the idea of pesticides being the cause of declining bee colony viability.)

So what are we, the non-scientific community, to think?

As far as I can tell, Mr. Steve Milloy isn't a scientist either. But, definitely, he's free to express an opinion. As am I. As are you. I think the danger lies in giving equal weight to opinion as to scientific fact. I mean, people used to believe the Earth was flat, right? That was their strongly-held opinion. But it had nothing to do with reality, just with personal observation regarding the horizon. Which just goes to prove:

continued on page 12

"Your best teacher is your last mistake." ~ Ralph Nader

BIRD FEEDING QUESTIONS

By Dave Cleary of Wild Birds Unlimited on the corner of 122 St and 107 Avenue, Edmonton.

Q: Why is a Robin attacking my window?

During nesting season, Robins are busy staking out a territory where they can rely on a good supply of food and a have place to raise their young. When they see their reflection in a window or car mirror they can become aggressive, trying to assert dominance over the Robin they see in the glass who is intruding on their territory. They will strike the window often leaving mud, feathers, and sometimes blood on the glass. Protecting their food supply and soon to be young family depend on scaring the intruder away. To help prevent this from happening, break up the reflected image by taping a piece of cardboard on the outside of the glass over the area where the Robin is striking. No reflection - no intruder. Once they are satisfied their territory is safe, they should leave the glass alone and you can remove the obstruction.

Q: What should I do if I find a baby bird?

You August already have seen some young birds in your yard or neighbourhood. They are the ones perched on the fence or feeder fluttering their wings waiting for a parent to put some food in their mouths. If you find a baby bird on the ground and are wondering what to do, it is likely the bird is okay. Before young birds can fly they often move out of the nest to tree branches, fences, and even onto the ground where they hop around and flutter their wings preparing for their first flight. They don't need help as their parents continue to feed them while they learn to forage on their own. They August be at risk if there are loose cats or dogs who also inhabit the yard so keep the pets in while the birds are fledging. If you find an injured bird and want information about what to do, visit the Wildlife Rehabilitation Society of Edmonton website at: http://wildlife-edm.ca/.

Q: Should I bother feeding the birds in summer?

Access to abundant and healthy food supplies is important to birds...regardless of the season. Bird feeders allow birds to spend less time foraging for food and more time engaging in activities that enhance their health and safety. It does not make them too lazy, too dependent

or keep them from migrating at the appropriate time. These misconceptions have been dispelled by modern research and observation. Bird feeders can play an important role in maintaining some populations of birds in urban areas where less natural food is available. During nesting season adult birds with a backyard food supply have more time to select better nesting sites and construct higher quality nests. And more food for adult birds means the chicks also receive more food, can be healthier, and are more likely to survive.

Dave Cleary and Jan Chapman are owners of Wild Birds Unlimited at the corner of 122 St and 107 Ave on Edmonton's northside. The mission of Wild Birds Unlimited is to bring people and nature together. See their website at www.wbu.com/edmonton or call them at 587-521-2473



Photo credit: Wild Birds Unlimited.

I'm looking to rent a garage, or part of a garage, within the community newsletter area to store my



classic car from Sept1/14 to March 31/15.

Please contact me, Locke Boros @ 780.293.0099 or lboros@shaw.ca

"The difference between try and triumph is a little umph." Author Unknown

Kenneth Edward Poyser (1945 – 2010)



For four decades, Kenneth Poyser worked to improve the lives of those with hemophilia in Canada and abroad while overcoming his own challenges with the disease. Kenneth (Ken) Poyser was born in Edmonton on July 27, 1945. He was born with severe

factor VIII hemophilia at a time when the only treatment for hemophilia was ice and hospitalization. The life expectancy of someone born with hemophilia at that time was less than 12 years.

In his youth, Ken suffered numerous joint bleeds, causing excruciating pain resulting in frequent and lengthy periods of hospitalization resulting in long absences from school. Ken did not let his illness deter him from achieving his goals, and in grade nine, he decided to work towards becoming an accountant. By the age of 17, Ken began to article as a Chartered Accountant, but due to a bleed, Ken was told he would not be able to handle the program and was fired.

Being fired did not stop Ken from completing his articling, and five years later, he was awarded the Chartered Accountant designation in 1969 and began and outstanding and successful career.

While Ken was in public practice, he began his involvement with The Alberta Chapter of the Canadian Hemophilia Society. Ken's drive and leadership skills were obvious and his volunteer service was dedicated to improving the lives of people with hemophilia, both locally and all over the world.

In 1968, Ken and Darlene were married and had one son, and at the age of 27, Ken designed and built the family home in Rio Terrace. Throughout their lives, Ken and Darlene were active members of the Rio Terrace Community Church. Ken served in volunteer positions on the District Board and was highly respected in the Moravian church in Canada. Ken organized numerous group tours and cruises in Europe, as well as many other excursions.

From the early 1980s, Ken was determined to secure sufficient and safe blood concentrates for people in Canada with hemophilia. Ken became president of the Canadian Hemophilia Society and, during this time,

recommended heat treating the blood component used to control hemophilia. Health Canada did not heed this advice until it was too late, and Ken became one of the thousands of hemophiliac victims of what became known as the "tainted blood tragedy". Ken passed away on September 7, 2010.

Throughout his lifetime, Ken worked tirelessly to increase the quality of life for hemophiliacs and those surrounding him. He received an Honorary Life Membership from the Canadian Hemophilia Society in 1990, received the highest provincial honour by the Institute of Chartered Accountants of Alberta as a "Fellow of the Chartered Accountants" in 1991. awarded the Queen Elizabeth's Golden Jubilee Medal in 2003, and a Lifetime Recognition Award from the Northern Alberta Region of the Canadian Hemophilia Society that same year. In 2005, he received the first ever Canadian Hemophilia Society International Contributions Award recognizing his contribution to the development of care of services for people with bleeding disorders at an international level. In 2008, Ken was made a Member of the Order of Canada.

Written by: Alice Sears Edited by: Danielle Ferchoff August 2014

Ken Poyser Park

What do you call it - that little patch of green west of the church on 76 Ave? the site of the community gardens? where they used to hold Pedal Heads? This little patch of green was known to the City of Edmonton as an "unnamed neighborhood park" Lot A, Block B. Plan 625KS.

This winter when the Rio Terrace Moravian Church members were considering what special activities they would choose to celebrate the fiftieth anniversary of their congregation, they thought of the little patch of green and decided it needed a name. There were a number of worthy choices, but one of them stood out - Ken Poyser - a valued member of the Rio Terrace community and of the Rio Terrace Moravian church, and a humble man who spent his adult life trying to make life better for other people with hemophilia. The church submitted an application to the "Naming Committee" at City Hall and with the Community League's support the application was approved on August 27. Soon a sign will appear in the Ken Poyser Park!

You can learn more about Ken and why he deserved this honor by reading the above letter of support sent from the Rio Community League and his biography, now on file at City Hall.

Education is when you read the fine print. Experience is what you get if you don't. - Lydia M. Child

GREEN CORNER continued from page 9

"The good thing about science is that it's true whether or not you believe in it."

— Neil deGrasse Tyson, astrophysicist, author, science educator and host, Cosmos

Luckily, many governments are taking a clear look at the science, rather than just gathering opinions, and they're doing something about this issue. For example, the City of Edmonton (CoE) is starting a pilot project for urban beekeeping, a clear attempt to mitigate declining bee colony numbers. Interested citizens can apply by sending in an Expression of Interest form, which will get reviewed by CoE staff to ensure that certain minimum criteria is met, in terms of experience and community support. More information, as well as the Expression of Interest form, is available at http://edmonton.ca/city_government/urban_planning_and_design/beekeeping-pilot-project.aspx.

For those savvy on social media, there's a group called YEGbees on Twitter (@YEGbees), which promotes urban beekeeping in Edmonton. Their Twitter stream is full of links to local activity on the apiary scene, as well as photos demonstrating the docility of bees and the safety of beekeeping.

For those of us who don't have the proper experience to become an urban beekeeper, there's still a very easy way to encourage bee populations. Plant bee-friendly ornamental flowers. No debate required. It's as simple as that.

Rain or shine, we bike on!

Despite the ominous weather, the *Rio Terrace 5th Annual Bike Parade* was a great success! A heart felt thank you for all of you that attended even though there was a great chance of getting rained on!

Gratitude also goes out to Carrie Anne Doucette for securing several donation (thank you Meadowlark Safeway and Flamingo Pizza!), Sandra Gangel and Suzanne Vaughan for handing out A TON of hotdogs, and to Jen Osmonde and Felicia Dean for supplying the Canada Day cake. And of course, we can't forget, driving the lead vehicle, Mr. Canada himself, Steve Risselada!

Also present this year was MLA David Xiao to present our Community League President Lance Burns with a grant cheque to go towards building improvements!

Rain or shine, hope to see you next year!







Bangz Hair Care

7662 - 156 Street Edmonton, AB T5R 4K7 (780) 444-3083

Stylists:

Arlene, Christine, Cindy, Fatima & Jean Marie

Direct Line: Arlene (780) 914-1975

Maggie's H. Esthetics (780) 487-0960

"Professional Care for all your personal needs."



Fun and effective workouts do exist! Don't believe us? Try it for yourself!

2 Weeks sof jazzercise, for \$20

Mondays & Wednesdays 9:30 a.m. or 8:00 p.m.

13535-122 Ave. (Kirk United Church)

Pre-booked Child Care Available for 9:30 a.m. For more into call 780-970-3650 or

email jazzercise.christine@gmail.com facebook.com/JazzerciseChristineWorthing www.jazzercise.com

ANTE MERIDIEM

A daytime choir for adults in Edmonton

Wednesday 10:00 to noon at Unitarian Church of Edmonton, 10804 119 St.

> info@amchoir.com http://amchoir.com



Edmonton Symphony Orchestra – Symphony in the

City- Churchill Square, Kinsmen Park AUGUST 29-31, 2014

Get a taste of great music – from classical to pop to just plain fun – in the great outdoors during the Edmonton Symphony Orchestra's Symphony in the City. Savour the sounds of internationally-renowned and innovative Edmonton Symphony Orchestra as it delivers its popular annual Labour Day weekend festival. Symphony in the City offers something for everyone: a Disney adventure, a Celtic collaboration, and monumental classical works. http://www.edmontonsymphony.com/

Kaleido Family Arts Festival – Alberta Avenue SEPTEMBER 12-14, 2014

Alberta Avenue comes alive with the Kaleido Family Arts Festival – a free arts event featuring music, dance, theatre, film, literary and visual arts with performances in extraordinary places. http://kaleidofest.ca/

Edmonton International Film Festival

SEPTEMBER 25 - OCTOBER 4, 2014

For 10 days each autumn, Edmontonians feast on all things cinematic. It's a veritable buffet of the best new indie filmmaking from around the globe The schedule includes 55 feature-length slots, and more than 100 short films programmed into feature-length packages. http://www.edmontonfilmfest.com/ or call 780-423-0844

Fun and frolic with Ladies Sports Nite Basketball for women 18 to 108.

Thursday evenings, 6:45 to 8:00 Lynnwood Elementary School (15451 - 84 Ave).

Not competitive (we don't keep score) and lots of fun. Bring non-scuff runners.

Call Jay (780-484-2482) for more information.

We'd be pleased to see you!

Try it once or twice to see if you like it.







Sports For Kids (SFK)

Licensed Active Out of School Care

Kindergarten Care

available in Westmount, Caernarvon, and Dovercourt Area.

Registered Sports Programs

available thru out Edmonton

Tennis, Soccer, Basketball, Dodgeball, Gymnastics, Dance, Sports Spectacular, Badminton, Karate, Yoga, Drama, Games Galore, Fitness, and more...

all info is on the website

www.sportsforkids.ca

or call 780-452-1266

Ace Tennis Academy

Adult & Junior Programs, Summer Camps, Private, Semi-Private, & Family Lessons, Leagues and Tournaments

Available at Rio Terrace, Glenora, King Edward, Westridge & Wedgewood.

Indoor programs for all ages offered in Westridge, Patricia Heights, Westmount, Dovercourt, and Caernarvon Communities. Starting the third week of September.

www.acetennisacademy.ca 780-452-1266



COMMUNITY CHURCH MATTERS

PARTY IN THE PARK SAT. SEPT 6. 6-9PM KEN POYSER PARK

(BESIDE RT CHURCH... SAME PARK NEW NAME!)



FREE TENT CONCERT

FEATURING CLASSIC ROCK DANCE BAND DAMN IT JIM!

SILENT AUCTION TO BENEFIT REFUGEE FAMILY

Rio Terrace: Your Community Church! 15108 76 Ave.

Passionate ... Progressive... Personable www.rioterracechurch.org

