

Community Matters

February
2016
Edition

Proudly serving Patricia Heights • Rio Terrace • Quesnell Heights

Living on the BRIGHT side of the freeway!

A Note from the CL President

Hello to the greatest community league in Edmonton! I wanted to thank you for all the help and contributions to our community league. From raising money for our spray deck, to revitalizing our amazing preschool program, to using our rink in the winter, and to celebrating Christmas with our breakfast with Santa, these programs and events are only successful because of your keen interest. Outdoor soccer registration is underway and our community will soon be gearing up for some amazing outdoor events including a world record attempt for the longest ball hockey game over the May long weekend!

Every community activity requires volunteers and every community activity fosters a sense of connection and "neighbourliness" while building a rich, welcoming place for each of us to call home. Might you be willing to contribute to our friendly neighbourhood we call home?

We are in need of a committed person who likes to write cheques...er, I mean, work with numbers, do some book keeping and help track expenditures of the league. Our former Treasurer, Yves Forte, is excited to help someone get up to speed on this great opportunity.

Do you want to make a difference for the children of our community league? The Spray Deck Committee is looking for people who would like to join our team. This is a short commitment as we anticipate the spray deck installation will be in the summer of 2017.

Our outdoor soccer program provides experiences for over 300 children. Do you have organizational skills that could enhance our soccer program coordination? Please consider stepping forward for this season to help stream line our soccer program.

I cannot imagine our community without its diverse programs and events for children, families, adults, and seniors. I look forward to meeting you soon!

Lance Burns
President, Rio Terrace Community League



Thank you Yves!

For the past 2.5 years Yves Forté has been a valued and extremely committed member of our Community League Executive. Although he is stepping down as Treasurer, Yves will continue to support the community, maintaining his role as Newsletter Administrator. Thank you Yves!

February 29 - Chapter's Terra Losa Shopping Night
Spray Deck Fundraiser

February 29 - Early bird deadline for Billyco Junction
CSA order forms - **Spray Deck Fundraiser**

March 5 - Soccer Registration Payment receiving
Session on Saturday March 5 from 9-1 pm
at the Rio Terrace Community Hall

March 14 - Famoso For the Love of Community Day
Spray Deck Fundraiser

March 18 - Deadline for Mundare Sausage Orders
Spray Deck Fundraiser

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COMMUNITY LEAGUE MATTERS

Community News

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Proudly serving the neighbourhoods
of Rio Terrace, Quesnell Heights,
and Patricia Heights.

15500 76 Avenue NW
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www.efcl.org

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League Membership Rates 2014-15

Single/Couple: \$20
Single-Parent Family: \$20
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Seniors: \$10

Memberships can now be
purchased at Mac's (9am-5pm)

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Back Page: \$160

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one of our co-editors for more
information or to book your ad.

Next Issue: May 2016

Submission Deadline:

TBA

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COMMUNITY PRESCHOOL MATTERS

Community and Renewal at Rio Terrace Community Preschool

"Mommy, Daddy - look! I made a spaceship!"

It's space month at Rio Terrace Community Preschool, and the kids are hard at work. Planets, stars, comets and shuttles... theme-based activities permeate the classroom. The kids even made a constellation. But the highlight this month was a trip to the Telus World of Science. Even the three year olds got to go.

Many preschools save out-of-school fieldtrips for the more mature four-year-olds' classes, but at Rio Terrace Community Preschool, we've had such phenomenal parental support this year, so much has been possible. In addition to public excursions, the children have also enjoyed special guests and in-class fieldtrips, such as yoga (during the *All About Me* unit) which helped even the youngest learners to boost focus and self-calming skills early on in the year. Even with the young age of enrolment (children can start as young as 2 ½ years old) the teachers have managed to nurture a sense of community in the classroom, and that has led to high levels of respect and attention from all involved.

"It's a real sense of community, carefully nurtured and tended throughout the year. Our teachers, Shay and Emma, are phenomenal. They foster such a collaborative atmosphere. Every child has a say, every child has a voice. Respect and fun are nurtured in the class, and that sense of self-empowerment spills over into every aspect of the preschool."

"We've made a decision to only have communal parties," explains Miss Shay, the preschool's head teacher. "It started as way to save money, but it's turned into so much more... It's been an unexpected way to build a greater sense of community. Kids from different classes get to know each other, and their parents do too."

"When you're standing elbow to elbow with other parents and little people, fingers covered with glue doing friendship crafts, it's definitely a bonding experience," laughs one busy mom, hair in a top-knot, a camera slung around her neck. "It's been wonderful to see my son blossom this year. He's high energy, the one always running away when other teachers tell him to sit still, but Shay and Emma are just so good – so patient. He listens to them. I think he feels heard." The indoor gym and outdoor playground don't hurt either,



giving kids outlets for their energy, and the daily opportunity to work big muscles and build coordination.

It's a theme we hear over and over again. Respect. A voice. Community.

Rio Terrace Community Preschool is renewing itself, thanks to the dedication of a lot of community-minded people, fabulous teachers, and a great program, but mostly because of the diverse group of families that call Rio Terrace Community Preschool home.

If you are considering preschool for your child next year, we urge you to come check out our bright, sunny classroom, filled with natural light, large outdoor playground and indoor gym. All classes are taught with a fun, play-based approach, because here at Rio Terrace Community Preschool, we believe that it is through play and discovery that children learn most effectively, and best understand their world. For registration information, or to learn more, visit www.rioterracecommunitypreschool.ca today!

Break In on Rio Terrace Drive - Residents Beware!

Early Sunday morning, February 7, a young girl sleeping in her main floor bedroom awoke to the sound of window blinds clacking. Assuming this was due to the heavy wind, the girl got out of bed to close the window. The room was dark and upon reaching out toward the window she touched the leg of a man who was in the process of climbing in through the window. Fortunately, the man immediately climbed back out and ran off. Air One and several patrol cars were immediately dispatched to the area, but they were unable to locate the suspect. If anyone has information regarding this incident or security video of the south side of Rio Terrace Drive between the hours of 2:30 and 4:30 a.m. on February 7, please contact carol@robinsonllp.com as soon as possible. All residents are encouraged to lock their doors and windows at night and report any suspicious activity.

There are lots of people who mistake their imagination for their memory. Josh Billings

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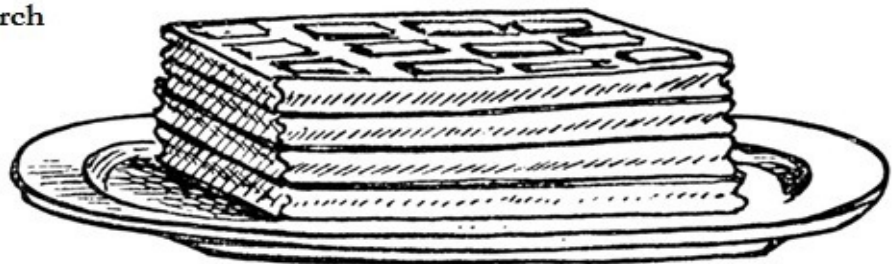
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RioTerraceChurch.org

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Rev. James Lavoy, pastor

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COMMUNITY SOCCER MATTERS

Community Outdoor Soccer – Register Now

Registration for the EMSA 2016 outdoor community level soccer season is now underway. There are four steps in the registration process for 2016. First step is to review the Soccer Program information on the Rio Terrace Community League website www.rioterrace.ca/programs/soccer. 2nd step is to ensure that you have or obtain a valid (current) community league membership. 3rd step is the actual on-line registration of players at www.emsawest.com/play/register. The last step of the registration process is to attend and make your registration payment(s) directly to the Rio Terrace Community League of one of the Payment sessions. Please note that player registration is not complete until payments have been received.

Rio Terrace Soccer Program info for the 2016 Outdoor season

Age				
Group	Birth Years	Night of Play	Start Time	Reg Fee
FunSoccer	2010, 11 & 12	Mon & Wed	6:15 PM	\$125
U8	2008 & 2009	Tues & Thur	6:15 PM	\$155
U10	2006 & 2007	Mon & Wed	7:15 PM	\$200
U12	2004 & 2005	Tues & Thur	7:30 PM	\$220
U14	2002 & 2003	Mon & Wed	6:00 / 7:30 PM	\$250
U16	2000 & 2001	Thur & Sun	6:00 / 7:30 PM	\$250
U18	1998 & 1999	Tues & Sun	6:00 / 7:30 PM	\$250

U12 and older age groups may on occasional have a game on a night other than their assigned night of play. Rio Terrace also has a uniform deposit fee (post-dated cheque) required of either \$30 (U8 – U12 or \$60 (U14 – U18) per player.

All of the Community based Soccer Programs are expected to run from Monday May 2 through the end of June, with playoffs for the U12 and older age groups taking place in early July.

The **Rio Terrace U6 FunSoccer Program** is open to boys and girls born in 2010, 2011 or 2012. U6 FunSoccer takes place Monday and Wednesday evenings at the Rio Terrace School fields from 6:15 PM to 7:15 PM. The dinosaur themed teams are mixed age and gender, and the emphasis is on fun, activity and learning some soccer skills for both the youth players and their adult companions – there is a lot of parental involvement on the field with the players at this age. 80+ children were in this Program last year and we look forward to seeing as many smiling faces this year.

You can **register on-line now** for all of the Rio Terrace Soccer Programs at www.emsawest.com/play/register. You will either use your existing EMSA Household account (if you registered a child for the recent Indoor season) or you will need to first create a Household account and then proceed to registering players individually. The EMSA West registration website has a guide to help you through the process.

When registering on-line please be sure to indicate Rio Terrace as your preferred community to play in, include any

‘play with friend/coach requests’ as these help us to sort through the registrants and form teams, and please indicate whether you can volunteer to help coach or manage the team that your child will play on. Teams can only be formed if we have sufficient coaching / manager support for that team. Rio Terrace is very fortunate to have so many parents volunteering as coaches or managers, but at the younger age groups we are always recruiting new volunteers. Free coaching course are available (usually in April) for anyone stepping forward to help coach a team.

Once you have completed your on-line registration, you are then ready to **make your payment**. Rio Terrace will hold a **Soccer Registration Payment receiving session on Saturday March 5 from 9:00 AM to 1:00 PM at the Rio Terrace Community League hall (15504 – 76 Ave NW)**. You will need to bring the following to the Payment session: 2 copies of the completed registration form for each player registered, Alberta Health Care card, proof of your current Community League membership status and your payments. Payment methods include cheques or cash / bank draft at this point – but we are looking into being able to process credit cards or take on-line banking transfers - check with the RTCL website before March 5 for an update. There will also be a multiple community payment receiving session at the DoubleTree by Hilton Hotel (16615 – 109 Ave NW) on Tuesday March 8 between 6:30 PM and 9:00 PM.

Current community league memberships are numbered 15-XXXXX and expire Aug 31, 2016 – These are what you need for the coming Outdoor soccer season. Those needing to purchase a membership can do so as follows: anytime at the Rio Terrace Mac store (corner of 156 St. & 76 Ave), at the Rio Terrace Outdoor Soccer Registration Payment session on Saturday morning March 5, or on-line at www.efcl.org/membership.

Any questions on registration for the Outdoor Soccer season can be sent to me at director@rioterracesoccer.ca

Indoor soccer coming to a close

The indoor soccer season is nearly over, with playoffs and the season ending Slush Cup tournament the last items to be underway for most of the Rio Terrace teams. Rio Terrace hosted 11 teams in the Indoor season and many of these teams proved to be very successful victory wise and are excited about being involved in playoffs. Of course the important thing about community level soccer is not the outcome of the games, but rather the fun, learning, skill development and friendship development that took place over the season. As always, thanks to the parents who acted as coaches, managers and other helpers for these teams. These individuals are to be commended for their interest and effort in giving our community youth a great experience.

I'm sorry, if you were right, I'd agree with you.
Robin Williams

Die Kleine Kinderschule

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Open House Dates:

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Rideau Park School
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Thurs, Feb 11, 2016, 5:30-7:30pm

Rio Terrace School
7608 – 154 St.
Wed, Feb 10, 2016, 6:30-8:30pm



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sandragangel8@gmail.com for details & photos.

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Contact Caitlin Smereka at 780-802-4129

What is a weed? A plant whose virtues have never been discovered.
Ralph Waldo Emerson

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Rio Gardens!

Rio Gardens! has just completed their Annual General Meeting and there are several items that we would like to announce to the Community:

On March 19th we will be holding a Potluck Breakfast at the Church. This will be open to the general community. There will be a short meeting to plan for 2016 garden season and information regarding the Rio Gardens! will be available. If you are interested in becoming a member, or just want to join us for some fellowship please email us at pmjohns@shaw.ca

The community garden has a large functional composting system. We invite anyone to add their compostable material (vegetable matter – no meat or meat products) throughout the year. For more information please contact Ann (wildrose.consulting@shaw.ca). Our compost system keeps such materials out of the landfill and the resulting compost is used to enhance the garden beds.

Growing native fruits such as Saskatoon berries, high bush cranberries, blueberries, honeyberries, chokecherries and pin cherries have many benefits. These plants produce edible fruit that can be eaten straight from the bush or used in many varied recipes including jams and jellies, compotes, ices, sauces and all kinds of desserts. Many are high in vitamins and antioxidants. The fruit, if left on the plants, also attracts native birds and provide a winter source of food for non-migrating species such as bohemian waxwings. Native berry bushes are adapted to thrive under local climatic and soil conditions and require less care and attention than more exotic fruits.

The Rio Terrace Church and Rio Gardens! are interested in planting native fruit bushes/trees around the Church and garden areas and will be purchasing these in the spring. Although we don't yet have full details we are planning a fundraiser for the gardens where we make native fruit plants available for sale to the community at large. We do not yet have a date but watch for more information.

On April 23, we will do our spring cleanup. We invite anyone in the community interested in gardening to join us to meet the gardeners, learn more about gardening and composting. Meet at the gardens behind the church at 10 AM. A planting bee will occur in the following weeks.

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BARRY RIMMER



Green Corner by Sandra Gangel

I thought I'd do a book recommendation this column. You may have heard of it already, and even better, you may already have read it. The Inconvenient Indian by Thomas King. It was a CBC Canada Reads choice a few years ago. It's subtitled, A Curious Account of Native People in North America, and with good reason. King himself explains the title in his introduction.

I think every Canadian (and American, for that matter) ought to read this book. It's not meant to be a comprehensive minutely detailed history of Native people and their dealings with non-Native colonialists, and their genetic and cultural ancestors, so if you're hoping for a thick tome, you might be disappointed. But, if you're open to an intelligent, personal account, written with humour, wit, and a healthy dose of irony and righteous anger, then you will definitely get your money's worth.

And how is it related to this column?

Any time we delve more deeply into the issues around environmentalism, we run into discussions of social justice. It's unavoidable, nor should it be avoided, really. We can't claim to be committed to taking care of our planet without committing to taking care of its people. And where better than to start at home?

King's book is a vitally important step toward understanding and acknowledging the history of this land, its myriad aspects, and not simply the stories written out (ever so drily) in textbooks. Canada has prided itself on its national policy of multiculturalism for decades now. With the national Truth and Reconciliation Commission and its resultant report, I think many of us have finally begun turning our gaze on ourselves.

A first step in tackling issues of social justice is defining what those issues are. It's easy to crisscross the world to discover how a commitment to social justice for all creates better lives for many. Just consider fair trade practices of coffee plantation farmers in Burundi; micro-finance initiatives for small women's manufacturing collectives in Vietnam; and advocates fighting for fair food prices and food quality in our own Arctic Inuit communities.

At its heart, environmentalism, I believe, requires a wholistic approach. We're looking at worldwide phenomenon and/or initiatives, spanning years and decades, that impact thousands and hundreds of thousands of lives. Whether you want to focus on your own family first, or you want to consider an entire community halfway around the world, what you're focussing on is people.

With Thomas King's An Inconvenient Indian, you can start with this land's First People.



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Huge Thank You From Rio Terrace Church

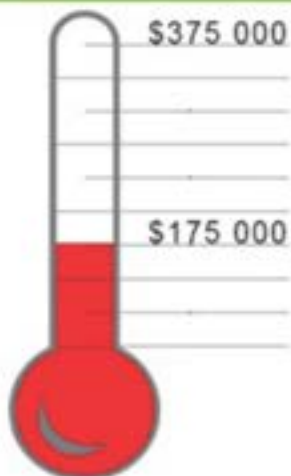
"Rio Terrace Church would like to thank the Community League, Dean+Osmond Realty, and especially our generous neighbours for your support of Illuminight 2015. This year we raised over \$3000 toward eradicating poverty in West Edmonton in general, and Jasper Place Wellness Centre in particular."



COMMUNITY SPRAY DECK FUNDRAISING MATTERS



TOTAL PROJECT GOAL



Committee receives \$125k grant from City!

In December, the spray deck committee learned that it was successful in its application for the Neighbourhood Park Development Program (NPDP) grant from the City. This is wonderful news and a great milestone!

The Committee will apply for a matching grant from the Province (Community Facility Enhancement Program-CFEP) for another \$125,000. The deadline for this grant is March 15 and we hope to hear back by summer of 2016.

Because the grant application process took longer than originally anticipated, and because of the City's requirements to have 100% of funds in place by April for construction to begin, our spray deck will not be built in 2016.

The committee has been working tirelessly to fundraise and will continue to do so over the next year in hopes that Rio Terrace will be first in line for construction in the summer of 2017.

Fundraising Goals



Thank you to all who attended the WEM Waterpark event

On January 24th, over 800 people came together for a fun filled morning of swimming and socialising at the WEM waterpark. Thank you to everyone who bought tickets and helped to spread the word about this great event!



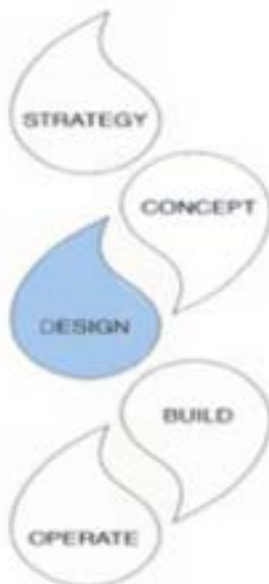
COMMUNITY SPRAY DECK FUNDRAISING MATTERS

Donations are still being accepted throughout the winter and spring. Drop off your form and payment in the Hall mailbox. Donation form is available at www.rioterrace.ca

If you have a unique fundraising idea that has been successful, please contact us.

We are always looking for new committee members. Contact us if you are interested in joining!

5 Phases to Enjoyment!
Our progress:



More fundraising planned to meet \$100k goal

The total budget for the spray deck is approximately \$375,000 with \$275,000 expected to come from grants. We are off to a great start, but still need to raise approximately \$50,000 as a community.

If you have any fundraising ideas or would like to help the committee, please let us know.

If you are a business owner in our community and would like to talk about sponsorship opportunities, please contact us. We would be happy to tailor a sponsorship package just for you!

Allison McLean: rioterracespraypark@gmail.com

Aurlana Burns: aurlana@shaw.ca

Upcoming fundraisers include:

February 29 – Shopping Night at Chapters Terra Rosa: a portion of sales from registered shoppers will be donated to the spray deck. See newsletter ad for more details.

February 29-Billyco Junction CSA produce packs. We are partnering with Billyco Junction for another year of produce delivery from June-October. If you sign up by Feb 29 you will receive a 10% discount. You don't need to be a community member to receive the produce pack, and there are 5 drop off points around the city to choose from. Tell your friends! See newsletter ad for more details and order form. Last day to submit orders is June 5.

March 14 – Famoso For the Love of Community Day: a portion of sales will be donated to the spray deck. See newsletter ad for more details.

March 18- Deadline for Mundare sausage orders. See newsletter ad for more details.

Design Phase

We have moved from the concept phase of the project into the design phase! This means we will soon start working with the City to determine specific design elements of our spray deck. This phase will involve the participation of community members. We will be hosting an open house and requesting feedback on the type of structures we install and the theme of the spray deck.

Please watch for more information in the coming months. If you have ideas, send an email to the committee. We would be happy to welcome new members during this next phase of the project!

COMMUNITY SPRAY DECK FUNDRAISING MATTERS

Rio Terrace Community League Spray Park Development Committee Stawnichy Mundare Sausage Fundraiser

Please help support our Spray Park Development Committee by ordering Ukrainian Style Sausage at an amazing price! Share this great deal with your friends & family! Stawnichy's is a family owned and operated Ukrainian food company and has been operating for over half a century out of Mundare, Alberta.

Product: Ukrainian Style Sausage Rings. Approximately one pound ring, Vacuum Packed.

Price: 3 rings for \$30

(**These normally sell for \$15 each at Safeway. Get them here for only \$10 each and support your Community at the same time! ****)**

Payment: Cheques payable to "Rio Terrace Community League"

Order Due Date: Wednesday February 24, 2016

Product Delivery Date: Wednesday March 23, 2016 at the Rio Terrace community Hall (3pm – 9pm)

Questions: Elaine Seibel elaine.seibel@gmail.com Cell: 780-278-4842



Return Form Below. Place in an envelope and deposit in mailbox at Rio Terrace Community Hall by Wed. Feb. 24
(cheques payable to Rio Terrace Community League)

Order Form for Mundare Sausage Fundraiser for Rio Terrace Spray Deck:

Name: _____

Cell Phone number: _____

E-Mail: _____

Address: _____

Quantity of packs of 3 sausage rings (3 for \$30): _____

Total Enclosed: _____

COMMUNITY SPRAY DECK FUNDRAISING MATTERS

****Spray Deck Fundraiser ****
Shopping Night!!
Chapters Terra Losa - 9952 170 Street
Tuesday, February 29th from 6-9 PM



Shop at Chapters Terra Losa on the evening of February 29th and a portion of the proceeds from registered sales will go towards the spray deck project. Look for the committee members at the entrance and register before you shop! You do not need to be a member of our community for this event; please tell your friends and family and anyone who might need to pick up some books, toys, or housewares while supporting a great cause.*

**Excludes technology products such as Kobo's, and gift cards. Plum points cannot be collected on purchase.*

****Spray Deck Fundraiser ****
FAMOSO
For the love of Community Day
March 14th from 11AM- 11PM
Magrath Location- 14123 23 Ave



Eat at Famoso Magrath anytime on Monday, March 14th and a portion of the sales from that day will go to the spray deck project. Anyone can support this event. Tell your friends and family and enjoy some delicious pizza pie on Pi Day (3.14)! Hope to see you there!!

COMMUNITY SPRAY DECK FUNDRAISING MATTERS

Billyco Junction Gardens

RR#4, Lacombe, AB.T4L 2N4

www.billycojunction.com

Rio Terrace Spray Deck

Fund Raiser – CSA 2016

Order Form

403 782-4263 / 403 392-4892

Fax 403 782-4202

info@billycojunction.com

CSA Member Information:

Name: _____ Phone #: _____ AM ___ PM ___

Your Address: _____ City: _____ Postal code: _____

Email: _____ How did you hear of us? _____

10% discount on orders received via email or postmarked by February 29th, 2016.

12% is returned by Billyco Junction Ltd. towards the fund raising effort after the above discount.

Step one: Check your share options and desired amounts below.

CSA Share options	Description	#	Choices	Price				
Vegetables Option 1 grown without chemicals & pesticides on our farm	Produce is sorted, rinsed and packaged, in most cases is ready to use. Program goes for 16 weeks. 150 shares available.		For a couple or growing family - 16 weeks	\$480.00				
Add Ons for 2016	Not sold apart from a vegetable share.							
Fruit Share/8 weeks Clean, naturally grown berries & fruits from our farm	Rhubarb, honeyberries, strawberries, raspberries, saskatoon berries, cherries, currants and apples. Shop early, only 75 shares available.		Eight deliveries during first half of the season.	\$160.00				
Easy Fun Share/8 wks on farm processed goods from our produce	Frozen fruit, fruit pies, unique jams, homemade breads, pickles, soups, dressings, ready to go salads etc.		8 deliveries during the last half of the season.	\$450.00				
Egg Share/15 weeks from a neighboring farm	Free run, hormone & antibiotic free. Not sold separately		Dozen per week _____ X of weeks _____ Total \$ _____	\$6.00 ea				
Vegetables Option 2	For customized deliveries, use this portion to indicate when you want your shares							
Delivery weeks → Share Price each week ↓	Jun 21,23	Jun 28,30	July 5,7	July 12,14	July 19,21	July 26,28	Aug 2,4	Aug 9,11
Vegetable share each week \$33.00								
Egg share a dozen \$6.00								
Delivery week→ Share Price for each week ↓	Aug 16,18	Aug 23,25	Aug 30 S1	Sept 6,8	Sept 13,15	Sept 20,22	Oct 4,6	Oct 18,20
Vegetable share each week \$33.00								
Egg share a dozen \$6.00								*No eggs

Step two:

Check your neighborhood drop off choice, note some hosts have pick up hours. _____ would you like to host for your neighborhood?

Delivery to: Edmonton on Tuesdays

_____ Rio Terrace – Samantha - pick up before 10:00pm.

_____ Belgravia – host to be announced

_____ Bonnie Doon – Heather & Gary

_____ Highlands – Carly & Yuri

_____ Glastonbury –Terri

Delivery to: Ponoka on Tuesdays

_____ 58 street, Ponoka - Tyler & Christine

Delivery to: Red Deer on Thursdays

_____ 5935 63rd Street - Steven & Alexis 6pm – 8pm

_____ 48 Anderson Close – Grant & Jennifer 4pm - 6pm

Delivery to: Calgary on Thursdays

_____ Temple NE – Jamie – evening pick up

_____ 908 17 Ave. SW – Janis - pick up before 5:30pm.

_____ Lakeview SW – Kristen

_____ Glendale Community SW - Cheryl

_____ Quarry Park SE - Katie

_____ Airdrie - Mark & Denise

Farm pick up

_____ Tuesday after 11:00am

_____ Thursday after 11:00am

COMMUNITY SPRAY DECK FUNDRAISING MATTERS

Step three:

Make a note on your calendar when your shares arrive. Shares arrive around 1:00 to 2:00 in the afternoon. As we get started a more accurate time will be given.

Tuesdays are Edmonton and Ponoka delivery days. Thursdays are Calgary, Airdrie and Red Deer delivery days.

Farm pick up can be made on Tuesday or Thursday. (Delivery dates are listed above)

Just a note about our up pick policy:

In the event that you cannot get your share in a timely manner on your set day, please send your host a courtesy note saying when you are able to make your pickup. Hosts do not have a lot of fridge space to keep your produce cool.

As a courtesy, your host will only remind you once or twice. Without a message from you, your left over share can be used by the host, given away or sold with proceeds going to the spray deck. Please initial showing your agreement. ____

Thank you. ☺

Step Four:

Pay for your order in full

Total Order \$ _____

less 10% \$ _____ (if paying before February 29th)

Total \$ _____.

OR

4 equal payment plan

Total order \$ _____

less 10% \$ _____ (if paying before February 29th)

÷ 4 = \$ _____ include 3 post-dated cheques with your registration using the following dates.

_____ 1st payment at registration

_____ 2nd payment due July 8, 2016

_____ 3rd payment due August 5, 2016

_____ 4th Payment due Sept 2, 2016

Payment options _____ E transfers made to info@billycojunction.com Password: _____

Cash, _____ Interac/debit, _____ Cheques made payable to: Billyco Junction Ltd. Mailing address is at the top of this form.

Buy with confidence: *If you run into an unexpected change in your life and need to cancel your deliveries, we offer refunds. No other CSA that we have seen offers a refund!*

Interested in the other services we provide? Sign up for our farm newsletter. _____ (3 to 6 newsletters a year along with quick emails).

We also host Country Weddings, B&B farm stays, farm store and café – reservations required for meals, two fund raiser programs, berry u-pick season up dates and farm events like our Easter egg hunt ☺

We sincerely thank you for partnering with us this summer!

Tell someone about our programs!

From your farmers William (Billy) and Edie Biel

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Membership at our community
convenience store**

Mac's 

Common sense is the collection of prejudices acquired by age eighteen.
Albert Einstein



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DEAN & OSMOND MARKET FORECAST



Happy New Year!

We thought that we would take a minute to connect to those that we didn't get the opportunity to see over the holidays. The changing of the calendar is always a great time for all of us to look forward while reflecting back. We thought that it would be a chance to communicate our thoughts, predictions and insights of the current market as we leave 2015 and anticipate the upcoming year.



So far 2016 appears to be shaping up to be the year for buyers. Anyone moving into larger homes has opportunity to save some money as we see there are considerably more listings to choose from than in times past. This is due to a couple of factors.

- ❖ Higher days on market which might mean more motivated sellers
- ❖ More inventory to choose from for buyers- more properties listed
- ❖ Subsequently the above two factors contributing to reduced prices

Another factor contributing to better value for anyone purchasing homes over 500k are new parameters that have been implemented by lenders requiring 10% down payment; thus limiting the market which may give buyers purchasing over the 500k mark more leverage with Seller's.



Even with a hesitant market there are opportunities. With more inventory to choose from and motivated sellers we are seeing more investors and "flippers" continue to come out of the woodwork. This demographic appears to feel that given that other markets (stocks etc.) aren't consistently offering measurable returns real estate becomes a viable investment over the long term.

Interest rates continue to be low perpetuating "move up" and first time home buyers. Close to 40% of the market is purchasing homes between 300-400k

which translates to the most competitive portion of the market for buyers. This can mean better value for buyers who may be able to take advantage of homes that are above this price point as there is less competition over that 400k listing price (your dollar will go further over 400k).

Overall for sellers the current climate seems to be communicating that close attention to market trends and realistic pricing could mean the difference between selling your home, not selling your home or missing your market and taking less than market value down the road. In a hesitant market it will be more important than ever to have up to date insights from professionals that can speak to the market in its entirety and provide you information regarding the trends from a selling and buying perspective.

If you have any questions about the current real estate market give us a call we would love to chat or meet for a coffee.

Wishing and hoping your 2016 brings you every success!

Felicia & Jen

**A two-year-old is kind of like having a blender,
but you don't have a top for it.** Jerry Seinfeld



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In comic strips, the person on the left always speaks first.
George Carlin



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- Early Numeracy
- Citizenship and Identity
- Environment and Community Awareness
- Creative Expression
- Personal and Social Responsibility
- Physical Skills and Well-being



A Visit to Kindergarten

Thursday, May 26, 2016

3:00pm – 4:00pm

Drop in, meet Miss Peshev, see the classroom. Bring your child and try some of the activities.



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- use of technology to support learning

School Tour

February 8, 2016 or
February 22, 2016

1:00pm - School Tour for parents only

March 9, 2016

6:00 - 7:00pm - Kindergarten Open House and Information Session for parents only.



Registration starts
February 1, 2016

For registration information please contact
Patricia Heights School
16216 – 78 Avenue
Edmonton, Alberta
T5R 3E6
780-487-0550
Email: patriciaheights@epsb.ca

Laugh and the world laughs with you, snore and you sleep alone.
Anthony Burgess



"The part can never be well unless the whole is well"- Plato

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Q&A About Feeding Birds

By Dave Cleary

Q:What are the red and greenish-yellow birds I'm seeing high up in evergreen trees?

The birds you are seeing are likely White-winged Crossbills or Red Crossbills, occasional visitors to the area from one year to the next. Have a look at the top of spruce trees and you'll notice the heavy cone crop this year. White-winged Crossbills feed primarily on spruce seeds while Reds prefer pine cone seeds. They feed in small flocks, jumping from branch to branch high in the trees, sending a shower of cone "chaff" to the ground, along with glistening frost catching the Sun. The distinguishing characteristic of these birds is their crossed bill, an evolutionary adaptation allowing them to feed on cone crops. Both may be seen occasionally licking salt from roads. Two white wing bars distinguish the White-winged from the Red Crossbills with the females of both species having yellow or greenish plumage. The male Reds are orangey-red or brick-red while the male White-winged are reddish pink. A similar cone seed eating bird is the Pine Grosbeak. It has similar colouration to the Crossbills, but can be distinguished by its stockier size and heavy, uncrossed, beak. In October, we started receiving our first reports of crossbills, from a customer in Rio Terrace in Edmonton. There had been sightings by members of the Edmonton Nature Club in rural areas around the city a month or so prior to that. They are a sight to see but don't expect to find them at your feeders. Look for them high up in evergreens.

Q:Why am I seeing Robins in the middle of winter?

As spring approaches we look forward to the rush of excitement when we see our first Robin of the year. But people are justifiably perplexed when we see them in December or January. American Robins have been seen in Central Alberta in winter on a regular basis for many years. One theory is that these winter Robins are migrants from further north, possibly Alaska. There are not that many but it's not an unusual occurrence. Last week we had calls at the store from four different people asking why they are seeing Robins in January, in flocks of as many as 30 at a time. In the Edmonton Christmas Bird Count in December, 65 Robins were counted - an increase from last year. They have also been seen in Devon,

Fort Saskatchewan, and St. Albert this winter. If the weather is not too severe, and they have access to food and open water some will remain here, surviving on crab-apples, cherries, other tree fruit, and even fish. Gerald Romanchuk of Edmonton has pictures of Robins standing on ice near open water eating minnows. Robins love to bathe, and if you are offering water in a heated bath during the winter they may take advantage of it. In spring, flocks of Robins split up, returning to more familiar behaviour - establishing territories and searching for mates and nesting locations.

Q:What is the grayish bird with some red that I'm seeing at my feeder?

This bird is most likely a Common Redpoll. They can be seen eating seeds from birch tree cones and can be attracted to backyard bird feeders. Slightly smaller than a House Sparrow, Redpolls can be identified by the daub of red feathers on the top of their head, or "poll." Their underparts are gray with lightly streaked flanks. Males often have a rosy colouration below their throat on the upper breast. Redpolls are often seen with Pine Siskins, which are about the same size as Redpolls but are brown overall with striped bellies and telltale yellow bars on their wings. Redpolls and Siskins prefer Nyjer seed, Sunflower chips or finch blends in specialized tube feeders.

For Fun Facts about Common Redpolls, check out <http://edmonton.wbu.com/content/show/109839>.

Dave Cleary and Jan Chapman are owners of Wild Birds Unlimited at the corner of 122 St and 107 Ave on the northside in Edmonton. The mission of Wild Birds Unlimited is to bring people and nature together. See their website at www.wbu.com/edmonton or call them at 587-521-2473.



It takes considerable knowledge just to realize the extent of your own ignorance. Thomas Sowell

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Lawn Bowls... A Sport for Life!

Lawn bowls is one of the oldest English sports believed to have first been played in the 13th century. It was the expansion of the British Empire that saw the introduction of bowls to other nations. The Scots organized the sport in the mid 1800's and early in 1900 the world lawn bowls organization was established. Lawn bowls continues to be a worldwide competitive sport played in over 40 countries and is one of the sports of the Commonwealth Games. Lawn bowling began in Edmonton in 1845 and in its heyday there were 11 lawn bowling clubs in our city. Today there are 3 unique clubs remaining, the Royal, Highlands and Commonwealth.

Bowls is a relatively easy game to play, the object being to roll your bowls down a smooth green to get as close as possible to a small white ball called a jack. Unlike other lawn or indoor bowling games a lawn bowl has a weighted side and travels in an arc making it similar to curling. The low impact sport of lawn bowling enjoyed by players ages 9-90, is a great social sport and will get you outside in the fresh air and sunshine. At the competitive level endurance, flexibility and strategy are crucial.

On Sunday, May 29th 10-4 pm, all 3 Edmonton clubs will be hosting their annual Open House. This is an opportunity to have a free introductory lesson, look around at each club's greens and clubhouse and meet their members. The fees for this sport are relatively low and all clubs have bowls for newcomers to use free of charge. All that is required is smooth soled heelless shoes and comfortable clothing.

If you are looking for a fun, competitive sport that is easy to play but challenging to master check the websites below for the location of each club and more information about the sport its members love.

Commonwealth Lawn Bowling Club

www.commonwealthbowls.ca

Royal Lawn Bowling Club www.royalbowls.ca

Highlands Lawn Bowling Club

www.highlandsbowls.com



The EPL has more than 16.6 million items including books, CDs, DVDs, magazines, video game and online resources? There are 18 branches offering free programs and events for preschoolers, children, teens, and adults!

Baby Lap Time Enjoy delightful stories, songs, books, rhymes, finger plays and more, especially for babies. Cuddle with your baby and connect with other caregivers. Ages up to 12 months.

Sing, Sign, Laugh and Learn Join us for singing, rhyming and signing. This is an inclusive program for children from birth to age three accompanied by a grown-up. Siblings are welcome. Learn strategies to enhance your child's communication and development through repetition, visuals and movement.

Lego at the Library Calling all Lego lovers! Come to the library to design and build a Lego creation. Share your building tips and tricks with others. Ages 6-12.

Evil Genius Club Robot battles, Arduino hacks, DIY music, art, Minecraft, photography, 3-D design and printing are just the beginning for this club of maniacal makers. Come hang out and make stuff at this unique drop-in program.

Tween Lounge Join other kids in the program room to play video games, make a DIY project, meet friends or just hang out.

Smart Space You're smart; EPL is giving you a place to get smarter. Join other youth ages 13 to 18 at the library who are doing homework, working on projects, or learning about tech gadgets and other online tools to help get things done.

Night of Spells Celebrate J.K. Rowling's wonderful novels and pass the magic on to young readers who haven't yet discovered these unforgettable books at the Harry Potter Book Night.

From Books to Film - Fridays at 2pm

EPL's **From Books to Film** series offers free screenings of films adapted from books every Friday afternoon at 2:00 pm, in the main floor Program Room (just west of the Makerspace).

Cinema at the Center - Wednesdays at 6:30pm

Since 2004, **Cinema at the Centre** has shown a wide array of independent, foreign and classic films. Join us every Wednesday in our cozy theatre at 6:30pm for a season of exciting and diverse flicks.

Forward Thinking Speaker Series reflects EPL's rich history of taking risks, trying new things and redefining the modern library. EPL is inviting thought-leaders from a variety of industries to share their insights, ideas, experiences and viewpoints, with the goal of helping us purposefully build better organizations, neighborhoods and communities. Tickets can be purchased for this series on-line.

For more information on programs and events visit www.epl.ca

Anytime you see a turtle up on top of a fence post,
you know he had some help. Alex Haley



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A pessimist is a person who has had to listen to too many optimists.
Don Marquis



Edmonton is a city with plenty of things to do here is a short list of events:

Spray Deck Fundraiser – Chapter's Terra Losa
TUESDAY FEBRUARY 29th, 2016

Shop at Chapters Terra Losa - 9952 170 Street – from 6 to 9 PM and a portion of the proceeds from registered sales will go to towards the spray deck project.

Spray Deck Fundraiser – Billico Junction Early bird orders
TUESDAY FEBRUARY 29th, 2016

Deadline to submit your orders for fresh organic produces from Billyco Junction Gardens for next summer and obtain a 10% price reduction. Orders received after this date will not benefit from this reduction. Use the order form found in this issue of the Newsletter.

Swing 'n Skate Sundays at City Hall – Sir Winston Churchill Square
UNTIL FEBRUARY 29th, 2016

Every Sunday afternoon in January and February in the City Room at City Hall, you can get your groove on at Swing 'n Skate Sundays. Enjoy the sounds of live swing, jazz and big band music and even try your hand (and feet) at some free swing dance lessons by the Sugar Swing Dance Club. Or if you're someone who prefers your tunes over ice, lace up and glide to the music outside on the City Hall plaza rink (you even get free skate rentals).

Cost Free! Every Sunday in January and February from 1pm - 4pm.

Alice Through the Looking Glass – Citadel Theatre
STARTS FEBRUARY 27th – MARCH 20th, 2016

In this sequel to Lewis Carroll's classic *Alice's Adventures in Wonderland*, Alice returns for more fantastic adventures with a madcap cast of characters, including Tweedledee and Tweedledum, Humpty Dumpty, and the rival White and Red queens. Performed with the best of Edmonton's local talent, his extraordinary stage show will please audience members of any age! **Call 1-888-425-1820 to buy tickets!**

Downtown Dining Week – Downtown Edmonton
MARCH 11th – 20th, 2016

Downtown becomes a foodie's heaven as the finest restaurants in the city centre show off their culinary creativity and serve up multi-course meals at special discount prices.

Spray Deck Fundraiser – Famoso Neapolitan

Pizzeria Magrath location

MARCH 14th, 2016

Eat at Famoso Neapolitan Pizzeria, Magrath location, 14123 23 Ave, anytime on Monday, March 14th and a portion of the sales from that day will go to the spray deck project.

Spray Deck Fundraiser – Mundare Sausage Orders
MARCH 18th, 2016

Deadline to order Stawnichy Mundare Ukranian style sausages at a bargain price and help building the Rio Terrace Spray Deck. Use the order form found in this issue of the Newsletter.

Western Canada Fashion Week - ATB Arts Barns
MARCH 24TH – 31ST, 2016

Over 50 local and international designers showcase their latest and most innovative designs on the runway and highlight the season's hottest trends. A variety of exciting competitions and challenges for designers, stylists, and hair and makeup artists to show off their skills also take place during this event. **Call 780-409-1910 for tickets.**

Edmonton Freezeway – Victoria Skating Oval
UNTIL MARCH 31, 2016

Pack your skates and glide along the new 400-metre Freezeway! Situated next to the Victoria Park skating oval, the Freezeway uses a climate adaptive approach to address the way we live, and the way we move in a winter city. The 400-metre pilot is inspired by the vision for an urban commuter skating trail, and if successful we may see one stretching across Edmonton's river valley very soon! Get out there and give it a try. **Hours** Open from 10:00am to 10:00pm.

Get Zapped by Fun – Laser City

Laser City is Edmonton's newest Laser Tag facility. They are located just North of Downtown Edmonton. Laser City is the latest and coolest spot to spend some time with your family in Edmonton. **www.lasercity.ca**

Finding Peter Rabbit Day Camp - John Janzen Nature Centre
MARCH 29-APRIL 1, 2016

Peter Rabbit is missing! Use your senses to explore a new season each day as we try to figure out where Peter Rabbit might be. We'll make sure to see "The Ugly Ducking" puppet show and end the week by joining Peter Rabbit in celebrating spring! Daycamp runs 9am-noon Mar. 29-Apr. 1. To make sure that your child gets a spot, register here with course code 554634. **Call 311 or visit <https://ereg.edmonton.ca>**

Maybe all one can do is hope to end up with the right regrets.
Arthur Miller



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COMMUNITY CHURCH MATTERS

Lent and Easter

with Rio Terrace Community Moravian Church

15108 76 Ave n.w. · Rio Terrace, Edmonton, AB
(780) 487-0211 · RioTerraceChurch@shaw.ca
facebook.com/RioTerraceChurch · RioTerraceChurch.org
Rev. James Lavoy, pastor · Ms. Joanne Knysch, administrator



Instead of “giving something up” for Lent, why not take something on?
Each evening, write in a journal *three things* that you are grateful for.

SUNDAY MORNINGS

Gathering Each Sunday at 10:30 am

Rio Terrace Church is a progressive, embracing community that seeks to follow Jesus with love and simplicity. We work to provide a safe place for all people to live out their unique spiritual journey.

Children are always welcome and engaged.

This year, the theme for Lent is “questioning”.

February 14 – “Who do you think you love?”

February 21 – “Who do you think you are?”

February 28 – “How do we respond to violence?”

March 6 – “What is life worth?”

March 13 – “What awaits?”

March 20 – Palm Sunday – “What now?”

March 20-March 26 – **HOLY WEEK**

visit www.RioTerraceChurch.org for details

March 27 – **EASTER** (all are welcome!)

7:00 am – Easter Dawn Service

7:45 am – Easter Breakfast

10:00 am – Easter Egg Hunt

10:30 am – Easter Celebration

+The choir is always seeking new members! If you'd like a musical outlet, drop in any Thursday at 7 pm.

+We are working to cultivate a Sunday evening dinner church, particularly for younger adults and their families. If you have wisdom to share in this matter, please contact pastor James at jlavoy@gmail.com.

ASH WEDNESDAY

Wednesday, February 10

Pancake Supper 5:30 – 6:30 pm (Free. Drop in anytime.)

Ash Wednesday Ritual 6:30 pm

LENTEN MOVIE SERIES

We will feature mainstream movies that reflect on the theme of Spiritual Journey. Popcorn and good company provided. Free.

Inside Out Wed, Feb 17, 6:30 pm

Boyhood Wed, March 2, 6:30 pm

He Named Me Malala Wed, March 16, 6:30 pm

LENTEN BOOK CLUB

(Spiritual Surprises) **Mondays at 1:30 pm**

We will read and discuss *Come Be My Light*, the diary of Mother Teresa, which follows the reflection of a remarkable woman who had many questions and doubts – yet persisted in her commitment to justice.

EASTER CONCERT

Sunday, April 3, 7 pm @ Trinity United Church

On April 3, the choirs of Rio Terrace Church, Trinity United, and St. Albert United will join together in song, as a fundraiser for our cooperative Refugee Care project.

WAFFLE CHURCH

Each Sunday at 9:30 am

Waffle Church is a time of breakfast, crafts, stories, and songs to engage children and their loved ones in social justice and spiritual formation. All are welcome.

Rio Terrace Church is an inclusive congregation. All are welcome on Sundays and throughout the week.