

February 2022 Issue

Presidents Message

As we move into a new year, I hope that your time with family and friends over the holiday has recharged and has you ready to take on a new year.

It is with great sadness that we say goodbye to our friendly neighbourhood newsletter editors Giselle General and Corey Grajkowski. Since 2016, Giselle and Corey have been running the newsletter with gusto. They have not only been doing the editing, but also writing articles as well as policy and procedures for the newsletter position. Giselle has also served on the board in many capacities including as our Vice President for the last 2 years. Those of us that have had the privilege of working with Giselle know that her enthusiasm for getting things done is nothing short of inspirational! As they are moving from our community, we are sad to see them go but we wish them happiness as they begin a new chapter in their lives. We know they will do great at whatever they put their minds to. This organization was lucky to have you for the last 5 years and we hope to still see their faces around!!!

With their departure, we are hoping to recruit a new newsletter team for the May newsletter!

Giselle and Corey have generously offered to help with the succession and to train the new team between March and May. They have templates and files of newsletter submissions for the past 5 years so the new team will easily be able to reference any past materials! If this sounds like something you would be interested in being involved in, please reach out to myself or Giselle or anyone on the board.

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This year offers many opportunities for us to come together as a community. I look forward to getting to know you better over the coming months and years.

All the best,

Emma

President, Rio Terrace Community League

Connect with us!

Website: <http://rioterrace.ca>

Twitter: @RioTerrace

Facebook: RioTerraceCommunityLeague

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Community Matters



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Proudly serving the neighbourhoods of Rio Terrace, Quesnell Heights, and Patricia Heights.

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Next Issue:

TBD

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Community Matters

Rio Terrace Community League Membership

Memberships are always available for purchase

Community League memberships are valid September 1st to August 31st. It is encouraged that anyone residing in the Rio Terrace, Patricia Heights and Quesnell neighbourhoods become annual membership holders, however, membership is open to anyone!

Available at:

- Community Social Events, cash, cheque or credit card.
- Online at www.efcl.org , Visa or Mastercard only.
- Online at www.rioterrace.ca/our-community/membership/ (you will be redirected to a payment page powered by Square)

Cost:

Family	\$40
Single/Couple	\$20
Senior Couple	\$10
Senior Single	\$5

Benefits:

- Free Access to all Edmonton community skating rinks.
- Facility rental discounts (25% off hall).
- Free Access to Rio Terrace tennis courts
- Discount at City of Edmonton Leisure facilities (5% off multi-pass or 20% off annual or continuous pass)
- Special promotions through www.efcl.org

Their Final Thoughts...



In honour of the previous newsletter team, we will use the Q & A format last used in 2016! Here are the thoughts of Corey Grajkowski and Giselle General.

Q: Why did you decide to take over the newsletter in February 2017?

GG: It was perfect timing. In the fall of 2016 I joined the board and the former team was leaving. There's a need and I was happy to help.

CG: My wife told me I am on the newsletter team :)

Q: Why did you decide to no longer do the newsletter?

GG: We're moving out of the neighbourhood, so we have to leave the board and this role.

Q: What was your favorite memory of working on the newsletter?

GG: When Corey and I figured out a smooth system to do the newsletter as a couple. It's quality time and community service combined which is a win-win.

CG: Getting the printed issue of the newsletter we first created together.

(Continued on page 5)

Community Matters



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(Continued from page 3)

Q: What will you miss most about doing the newsletter?

GG: Reading any original submissions from community members. They don't come very often and it's awesome.

CG: Connie Baxter's Rio History Column (November 2019) was my favourite column for sure. I am also enjoying the short stories as of late. River Valley news is also great. If I keep on going I will end up being the table of contents for all the issues we ever worked on.

Q: What will you do with all your spare time now that you are no longer doing the newsletter?

GG: What spare time? Haha! Once we settle in our new neighbourhood I'm definitely volunteering for my community league again.

CG: Playing video games, sometimes on Twitch. I am probably not going to be a millionaire playing games on Twitch. A man can dream though... A man can dream.

Q: What advice would you offer the future newsletter team?

GG: We have a solid system and templates so we hope that you taking over will be smooth sailing. Also, self-care is important. Don't do this at midnight! An entire afternoon during the submission weekend should be enough.

CG: Have the newsletter match your values. I valued using opensource or free tools which can run on Linux, Windows, or Mac. I also valued a newsletter format which is easily repeatable.

Q: Where will you go from here?

GG: I still do lots of writing that is either based on personal experiences, or community service oriented. Check out my writing at the Alberta Filipino

Journal ethnic paper or my personal blog FilipinaYEG.

CG: Well, after formatting today's issue I'm going to have dinner with my Dad :)

Q: Any final words?

GG: Thanks for the opportunity! I didn't know about community leagues until we moved here in 2015 and it's a great way to volunteer and get connected to where you live. I will continue to help out in my neighbourhood community league wherever I live in the city.

CG: Be kind to your neighbors and be engaged with the city of Edmonton to make sure the city government represents the people living within it.



I am especially excited this year to give you an update on Rio Terrace Community Preschool. After closing our doors for the 2020/2021 school year due to the pandemic, our doors and our hearts are open once again. We are grateful to have such strong connections with our preschool children, their families and with Rio Terrace Community League. The Community League has always been the backbone of our preschool program and we could not have successfully reopened our doors this year without their continued, unwavering support! During the year the preschool was closed I tried a couple of new adventures, which were wonderful learning opportunities for me but in the end, I realized that my heart belongs at Rio Terrace Preschool and coming back to teach again felt like I was coming home.

(Continued on page 7)

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(Continued from page 5)

During that year, Jana volunteered her time to stay involved in the preschool, providing virtual learning opportunities for the children to stay connected and keep the kiddos engaged in fun, meaningful activities. Jana has been a driving force in successfully reopening the preschool doors! We also had several parent executive members who volunteered their time throughout the year we were closed, including Shaun Good, who spent endless hours reading ever-changing guidelines, brainstorming ideas and problem solving the many barriers the preschool faced reopening during these difficult times. I know I can speak on behalf of our preschool community when I say that we are so grateful for the time and effort it has taken this small, but mighty group of people to bring us to this new beginning. Persevering through these challenges have brought us together and made us stronger and more grateful for connection. We know now that our amazing preschool can get through anything!

Our fundraising team is working so hard to fundraise for our preschool. Field trips, class supplies, books and equipment are all paid for through fundraising efforts and without our Silent Auction, our team has had to pivot to several smaller fundraisers. We have had two fantastic fundraisers so far, including a shopping spree raffle at Andy's IGA!

Both the provincial and federal governments have increased funding for early learning programs, which has been incredible news! These supports include an Affordability Grant, thanks to a joint agreement between the provincial and federal governments. This grant has made it possible to decrease our tuition fees by \$75 per month for each preschool child! Families who have children enrolled in licensed preschool programs are also now eligible to apply for childcare subsidy in an effort to make

early learning programs accessible to everyone. We are grateful that our governments are recognizing the importance of building the strong foundation our children need to be successful lifelong learners.

As of February 7, preschool registration for the 2022/2023 school year is open to everyone! Registration is now online and can be accessed through our website at www.rioterracepreschool.ca. If you have any questions about registration or would like to book a time to come by and check out our beautiful space and meet the teachers please feel free to call 825-439-8875 or email us at rtpedm@gmail.com. Our program is child centered, play based learning with a strong focus on social communication and emotional regulation. We sing, we dance, we read...lots, we get messy and we learn how important it is to be kind to each other and how to manage our big emotions! We nurture children's dispositions to learn and value that every child is strong and capable; each one a mighty learner.

In 2020 I was the recipient of the Prime Minister's Award for Teaching Excellence. I will always be grateful and honored that I was nominated for this award and I share it with the many incredible people who have supported Rio Terrace Preschool and my teaching journey along the way!

"The first five years have so much to do with how the next 80 turn out."

~ Bill Gates Sr.

Playfully yours,

Shaylene Saxton

Teacher

Jana Konelsky

Teaching Assistant

Rio Terrace Community Preschool

rtpedm@gmail.com

825-439-8875

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Spring Baseball Season Registration is now open!!

Please see website for program information and for link to registration page.

website: www.edmontonlittleleague.ca/confedinfo

Registration for warm up camps now open!

See our website for information.

Questions~ email Jocelyn (registrar/player agent):
confedparkregistrationll@outlook.com



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Alana Severin completed her Masters in Osteopathic Manipulative Sciences at the Canadian Academy of Osteopathy in 2020 with over 5000 hours supervised training. She is a professional member of OSTCAN Alberta, covered by most extended health benefit plans.

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No ringette or hockey experience required. Wide range of skills and ages. Equipment is required. Full-time is 20 skates, part-time is 10 skates.

To sign up or make inquiries, please email:
shinnyringette@gmail.com

Go to www.edmontonringette.com for more information on ringette in Edmonton.

Go to www.ringette.ca and check out "What is Ringette" and "Basics of Ringette" under OUR SPORT for more information on the game.



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Die Kleine Kinderschule



Are you looking for an amazing preschool for your child or children? One where a second language is taught through play? Then we have the perfect solution for you. Die Kleine Kinderschule has three locations, to better serve families from all around the Edmonton area. One in Forest Heights, one in Rideau Park (German Club) and one is directly located in Rio Terrace School! The program is perfect for your child/children to get used to the school setting and to make long lasting friendships. And the best thing is, no pre knowledge of German or English is required. The wonderful/dedicated teachers help to prepare for Kindergarten with a lot of planned and fun activities for your little one(s), to nurture their curiosity and cultural sensitivity through activities such as songs, crafts, and story time - in both German and English. The cognitive benefits of learning a second language will boost your kid(s) academic achievement and social development. As research shows, learning a second language, improves memory, concentration, as well as the ability to multitask and in addition boosts, critical thinking, listening and problem-solving skills.



You will see that German and English are very similar. Many words in German sound and/or look the same as equivalent English words, because the two languages share the same “grandparent.” For example, look at these words:

Haus = house, Buch = book, Finger = finger, Hand = hand, Name = name, Mutter = mother, schwimmen = to swim, singen = to sing, kommen = to come, blau = blue, alt = old.

Early Registration opens on February 3rd, 2022 (for existing & alumni DKK parents)

General Registration opens on February 17th, 2022.

Spaces are assigned on a first-come first-serve basis so register early to secure your spot. DKK has moved to online registration, so if you are interested in giving your kid(s) the gift of a second language, don't wait and go to www.dkkplayschool.org to register.

We are looking forward to seeing all of you! Lydia Rose DKK

Community Matters



RioTerrace
community Preschool



Registration Now Open!!

Morning and Afternoon Classes, for 3 and 4 year olds!

Our Program has a Strong Focus on

- Free Play
- Music & Movement Enrichment
- Gross Motor Play
- Early Literacy, and More!

Find us on  
@ Rio Terrace Community Preschool



Visit us Here
to Register!



Be sure to follow along to learn about our Incredible School,
Upcoming Fundraisers and Exciting Updates!

Rio Terrace Community Preschool
15500-76 Avenue, Edmonton, AB T5A 0A3



River Valley News

North Saskatchewan River Valley
Conservation Society

Court dismisses solar power judicial review application

A court application to overturn Edmonton city council's approval of Epcor's planned 51-acre solar farm in the river valley has been quashed. Alberta Court of Queen's Bench Justice George Fraser found the judicial review brought forward by river valley activists to be moot because the project had already gone through the proper approvals and couldn't be overturned.

The 45,000-panel solar farm project next to Epcor's E.L. Smith Water Treatment Plant has long been a bone of contention in the city. Council approved rezoning for the development through a split 7-6 vote in October 2020. The Edmonton River Valley Conservation Coalition challenged the decision, launching a judicial review which was heard last November.

In his decision, Fraser said this determination would only be required if the project were a major public facility or if the city were putting money into the project and he found neither factor to be met. The coalition also took issue with council's focus on the financial benefits when making the decision and not specifically pointing out social or environmental impacts.

Fraser said "It may be true that the financial benefits of the project were given priority over the other considerations. There is nothing in the bylaw that requires an equal weighting of the factors. The councillors were free to assign whatever weighting he or she wanted to each of the factors. If the electorate does not like the councillor's perceived weighting, they can reflect their displeasure at the

ballot box."

Coalition chair Kristine Kowalchuk said the organization is disappointed and considering all its options, including an appeal. "The decision wording does, however, make clear that this issue is a serious one. The issue underscores the need for the City of Edmonton to undertake administrative changes to better protect our river valley." More at <https://edmontonjournal.com/news/local-news/judicial-review-to-halt-council-approved-epcor-solar-farm-project-in-the-river-valley-dismissed-by-court-ruling-project-moving-ahead-with-completion-pegged-for-the-spring>

Now is perfect time to remove black knot



Black knot is caused by the fungus *Apiosporina morbosa* and attacks various trees and shrubs. It infects trees within the *Prunus* genus, which includes different types of plum and cherry trees. The fungus has also been known to infect shrubs in the *Rose* family. The spores spread in warm and wet weather, so it should be removed when temperatures are consistently below zero.

It is spread through spores by rain, wind, birds, and insects that have had contact with infected trees. The spores spread in the spring and infect other trees, then in the summer the infection creates green swellings at the tip of the branches. In the following years, these swellings blacken and enlarge. Learn more and how to control it at <https://www.ealt.ca/blog/black-knot-what-is-it-and-why-do-we-care?rq=black%20knot>

Community Matters



Volunteers needed for urban coyote intervention program

The Edmonton Urban Coyote Project at the University of Alberta is looking for volunteers to participate in the Urban Coyote Intervention Program. This program aims to determine whether intimidating coyotes occupying residential neighbourhoods can increase their wariness towards people.

Volunteers will learn how to intimidate coyotes in specific situations by chasing them while making noise and throwing tennis balls weighted with sand and fitted with flagging tape. These actions are intended to frighten coyotes, but not injure them.

Use of similar techniques, known as hazing or aversive conditioning, is widely recommended by wildlife managers to reduce habituation by animals to people and avoid the subsequent need for more intensive tools, including lethal management. Learn more about this program and how to participate at <https://urbancoyoteinterventionprogram.weebly.com/>

Riverdale one of the oldest neighbourhoods in our city

Nestled into a bend of the North Saskatchewan River and surrounded by high cliffs, the district which would later be called Riverdale was the first industrial suburb of Fort Edmonton

The search for gold in the 1860s saw early European visitors, and they were followed in the next 30 years by settlers who established wheat fields, steamboat landings, ferries, lumber and grist mills, coal mines and a brickyard. Workers first lived on site, but soon spread beyond the bunkhouses. Everyone called this area Fraser Flats, after the owner of the lumber mill.

Clay, water and abundant trees for fuel made this river flat a perfect place to make brick. The needs of

a growing town and the enterprising spirit of James Brown Little combined in 1893 to found a century-long dynasty of brick makers.

Said to be “the most consistently high-quality brick of its time,” the Little product helped build early 20th century Edmonton. J.B. and his descendants established many long-standing social traditions of the district and sponsored hockey and baseball teams for years.

Today the brickyard has been developed into residential housing, but J.B.’s brick house still stands and is home to a trendy café enjoyed by Riverdalians and river-valley visitors alike. In 1905, the area was subdivided, and a land boom quickly saw the present residential shape take form. Read more at <https://riverdalians.ca/history>

Private golf courses open for free winter public use

Councillor Michael Janz writes “I’m getting a number of complaints from skiers or neighbours that the Mayfair regularly closes their parking lot and limits the access to the grounds. I’ve heard a number of folks are simply discouraged due to the inconsistency, so they simply seek other routes.”

Comment or contribution

If you have a comment, concern, or question, contact us at nsrivervalley@gmail.com . Please also email us river valley photos or event information. Your friends, neighbours and colleagues can sign up for this newsletter on our web site <https://www.edmontonrivervalley.org/>

Sincerely yours,

Harvey Voogd
North Saskatchewan River Valley
Conservation Society
780.691.1712

Alberta Elks Foundation – TABS for TOTS

What Is Tabs for TOTS

“Tabs for Tots” is a program of the Alberta Elks Foundation. It provides funds for Pediatric Care and Equipment for regional hospitals and health care units. The items are typically intended for delivery rooms, nurseries, or pediatric wards.

Application to the Tabs for Tots program can be made by any Elks or Royal Purple Elks Lodge through one of its members.

Projects can receive up to \$5,000 from the Tabs for Tots program.

How Can I Help

Tabs for Tots collects the “tab” of beverage cans as well as other recyclable metals. The collection is sold for scrap and the funds collected are allocated for helping local hospitals.

Did you know that tabs are being collected in communities in a different ways, involving schools, day cares, and by local trades donating materials after a job has been completed.



The Power of Together

Collecting 58, 246 lbs of tabs is no easy task. Together it is possible. Together we can supply much needed medical equipment to local hospitals all over Alberta. Together we can make a difference. You do not have to be a member to help.

About US

The Alberta Elks Foundation created the Tabs for Tots program in the June of 200 under the direction of Brother Nick Henger. Since its inception, the program has collected 58, 266 lbs of tabs, 123,876 lbs of other metal which equals \$176, 452.75. As a result, Tabs for Tots has been able to donate \$170,711.67 worth of pediatric medical equipment to our local hospitals.

Who to Contact

My email is noelle.brown@shaw.ca for those interested.

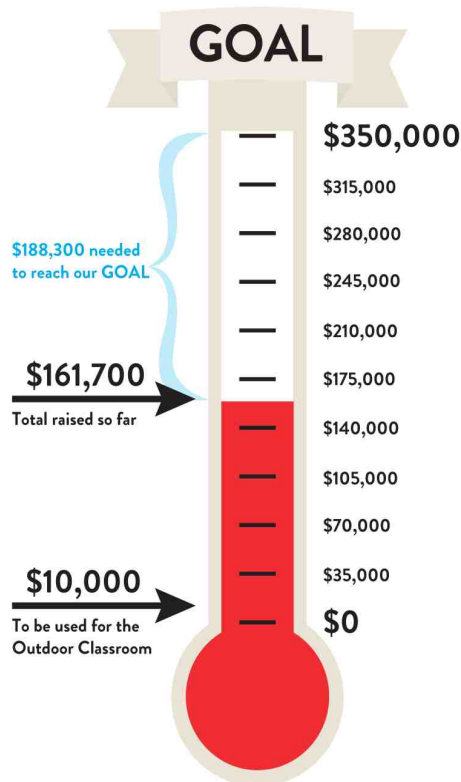
Noelle Brown

Community Matters



RIO TERRACE SCHOOL NEW PLAY AREA UPDATE

First of all, a huge **THANK YOU** to everyone involved in any way! Every little bit counts as we work towards our goal of building an amazing play area that our school and community can enjoy.



PROGRESS SO FAR

WE HAVE RAISED ~\$161,700. We are nearly half way to our goal! **HURRAH!** Still a ways to go but not bad, right?!

THE BIG PICTURE

Unfortunately, we've hit a fairly big challenge as Rio Terrace School is not on City owned land so we do not have access to substantial grants provided by the City of Edmonton. Another hurdle is recent budget cuts to the largest provincial grant (CFEP) and with so many applicants this means a lower success rate. We will know in March 2022 if we were successful in the CFEP grant application for \$125,000. **CROSS YOUR FINGERS!!!** We will continue to apply for other smaller grants, but all are in high demand.

OUR GOAL

A moderate sized playground costs \$300,000-\$350,000. With our funding challenges, we had to reevaluate what would be feasible. Though originally planning to remove the existing play structure and build 2 new structures, we will now keep the existing structure and build 1 new play structure.

In the end, we will have a new playground. We will build a fun, interactive play space that will greatly increase physical and social play opportunities for students and families. **If we meet our goal by February 2023 – through fundraising and grants – we can start construction in SUMMER 2023!!!**

We appreciate everyone's support and patience as we work towards this monumental goal. We know it has been a longer road than anticipated. **This playground can only be built with the support of people like you. And together we will give all our kids the playground they deserve! LET'S DO THIS TOGETHER!**

EXCITING NEWS

We were awarded the TD Friends of the Environment grant of \$10,000 towards building the outdoor classroom! This has been part of the play area wish list from day 1. **CONSTRUCTION SCHEDULED FOR SUMMER 2022. WHOO-HOO!**

AND HAVE YOU SEEN OUR NEW TREES? We were awarded the Greening Canada's School Grounds grant of \$3,500 from Tree Canada to plant 7 mature trees in Fall 2021.

THANK YOU Tree Canada, Northbridge Financial Corp. for sponsoring our trees and Kiwi Nurseries Ltd for planting these beautiful trees.



Community Matters

How can you help?

DONATE!

DONATE TO RIO TERRACE COMMUNITY LEAGUE AND GET A TAX RECEIPT! The Rio Terrace Community League, a Federally registered charitable organization, has committed that 100% of donations (less fees) will be given to the new playground redevelopment project. **SO AMAZING! You can feel great by making a difference for the kids, and get a tax break for your generosity!**



To help out, please head over to:
<https://donorbox.org/rio-terrace-school-park>

CORPORATE GIVING

As we get closer to our goal, we are looking for ways to significantly boost our progress. If you own or work for a company that donates or has grants for charitable groups, we would love to know! Please email rioterracesc@gmail.com if you think there might be an opportunity for corporate giving.

FUNDRAISERS



Donate your bottles to 'Rio Terrace PARC' using **SKIPTHEDEPOT** bottle collection app.

To donate 100% of the proceeds, use promo code:
NEWYEARNEWME

Visit app.skipthedepot.com/rtsplayground

If you prefer to bring bottles yourself, visit **WINTERBURN BOTTLE DEPOT** and tell them the bottles are for Rio Terrace Play Area Redevelopment Committee.



COBS BREAD WEST GRANVILLE (near Costco) has an opportunity to make some easy "dough" for our new play area redevelopment! Just mention '**Rio Terrace Education Society**' before you order and 5% from all purchases will be donated to RTES.



Turn your regular spending into commission for the playground with **FLIPGIVE**. Purchases made through FlipGive will give us a percentage back, with no extra cost to you! You can earn \$ for the team for things like gift cards, groceries, eating out, gas, sports, fashion, home, electronics, hotel stays, toys, gifts, small business, coffee, etc at 100+ stores (online or in-store).

To join our team, use code:
RQ4GDL

Shop online and in-store through **FlipGive.com**



+ 100'S MORE

Please follow us to stay up-to-date for future exciting fundraisers and news!



rtsplayground.ca | rts.playproject@gmail.com | facebook.com/RioTerraceEducationSociety | instagram.com/RioTerraceSchool

Community Matters



Sticking to the Point: Thinking About How We Eat

Hey there Rio Terrace and welcome to Sticking to the Point an educational column written by your friendly neighborhood Acupuncturist, Jon McDonell. Today's topic isn't about what we should be eating - but instead how we should be eating.

So many of us are hyper-focused on calorie counting, macro tracking, and jumping on the newest diet trend - but how many of us pay attention to our eating habits outside of just what we're putting into our bodies? Today I want to open your eyes to the sides of eating you may not be aware of.

In the Chinese Medicine realm, our main digestive organs are the Spleen and Stomach. These organs function best with a regular schedule - so trying to eat at similar times throughout the day will help to keep digestion running smoothly. As always, practice moderation in all things when it comes to diet - that goes for flavor and quantity. Find foods that balance the 5 flavors (sweet, sour, salty, pungent, bitter). Try not to overdo it with any one type of food or flavor.

The digestive organs are at their strongest between 7-9 A.M. and 9-11 A.M. respectively, so it makes sense that we should try and make breakfast a larger meal and lunch and dinner smaller in comparison. This also means we should try to avoid late-night snacking and finish eating for the day by 7 P.M. at the latest. Following these guidelines can have a positive impact on your digestive health by boosting your metabolism, regulating bowel movements, etc.

Another important thing to think about is how mindful we are whilst eating. In the busy world, we live in it's not uncommon to speed through a meal during a Zoom Meeting or in the car between appointments. Unfortunately, rushed eating can affect our health just as much as poor quality foods. Eating mindfully is a great way to support digestion and reduce stress. Try and carve out time in your day to eat and only to eat. No listening to podcasts, no returning calls or emails. Just sit in a quiet place and enjoy your food. Chew thoroughly. Focus on the flavors and practice gratitude for the food you have on your plate. You'd be surprised at how much calmer your mind (and stomach) feel when eating this way. Slowing down and eating mindfully also makes it easier for your body to register when it's had enough. That way you can stop when you're full, rather than overeating.

Lastly, the golden rule: Listen to your body. There is so much unnecessary information floating around when it comes to food and it helps to remember that there is no "one-size-fits-all" approach to eating. Try these tips out, but when it comes down to the wire - find what feels right for you. Your body will tell you what it needs if you're willing to listen!

Jon McDonell, R.Ac

www.thewellnessclinic.ca

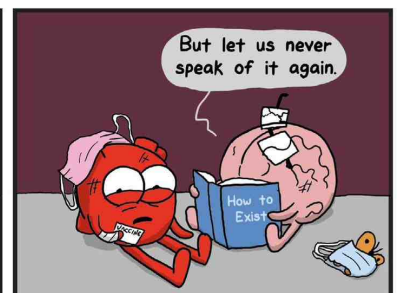
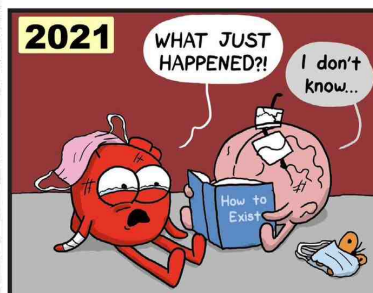
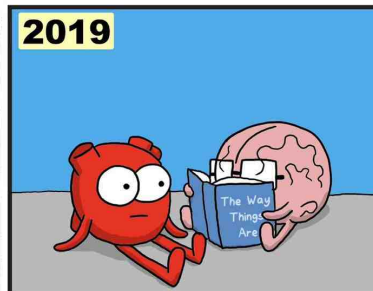


Community Matters

Comics!



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Community Matters

Illuminight Event Recap



On December 12, 2021, Rio Terrace Community League co-hosted Illuminight with Rio Terrace Moravian Church, Lynnwood Community League, and Elmwood Community League. Many residents took the opportunity to visit our outdoor offerings of hot cider, hot chocolate, and marshmallow roasting over three firepits. We had a lovely evening with pleasant weather and wonderful company. Thank you to all our volunteers and all residents who came out, purchased luminaria kits, or otherwise donated to Illuminight's cause, the Jasper Place Wellness Centre.

From the volunteer team of RTCL's contribution to Illuminight 2021



Community Matters

Soccer

2022 Outdoor Community Soccer Registration

Registration for the 2022 Outdoor Community soccer season is now underway and continues through to March 11, 2022. Player registration is completed on-line using the EMSA West soccer portal for player registration and payment needs to be completed by March 11 to ensure placement on a team. Late registrants may find themselves unable to be placed on the team or community that they have requested. We are all hopeful of finally returning to the pre-Covid outdoor soccer program of a game-based program taking place in May and June. We are planning a likely start date of Monday May 2 (weather and field conditions permitting) and running through to the end June. City Championships take place the first week of July with the possibility of one further weekend of play in mid July if a team qualifies for further playoffs.

The 2022 Rio Terrace Community Outdoor soccer program is for players born in years from 2003 through 2018. Players born in 2003 through 2014 will play on community-based teams participating in the EMSA / EMSA West community soccer programs. These Rio Terrace based teams will generally play twice a week and practice once a week. Teams in the U9 age group will play their games only in the west end of Edmonton (with possibly a few games in Spruce Grove.) Teams playing the older age groups of U11 through U19 will have their games played across Edmonton.

Rio Terrace runs an in-house soccer program for the players born in years 2015 through 2018. The combined U4/ U5 as well as the U7 FunSoccer programs feature a focus on fun activities, drills and short games that promote fun and active learning and player skill development. These programs take place at the Rio Terrace School field on Monday and Wednesday evenings from 6:15 PM to 7:30 PM. Expected start date is May 9 and we will be done on June 23. Lots of parental support and involvement are required for these age groups, so we need parents to volunteer and sign-up to help out and participate in the fun.

How to Register

Player registration for all age groups of community soccer takes place on-line using the soccer portal on the EMSA WEST soccer website. <https://emsawest.com/play/register/outdoor-registration>

Player Registration steps that need to be completed are:

First step is to obtain / have a valid Community League membership. Current Community League memberships are numbered 21-XXXXX and are valid through Aug 31, 2022. A membership from any community in Edmonton is valid for soccer registration. Those needing to purchase Community membership can do so most easily through an on-line purchase from the EFCL website.

Second step is to use the EMSA West soccer portal to register players individually for the coming outdoor season. Please be sure to complete all of the registration steps, indicate that the player wishes to play on a Rio Terrace team (or other if that is the case) and please consider and indicate if you are able to volunteer as a coach or manager for your child's team.

How to Pay for Player Registration

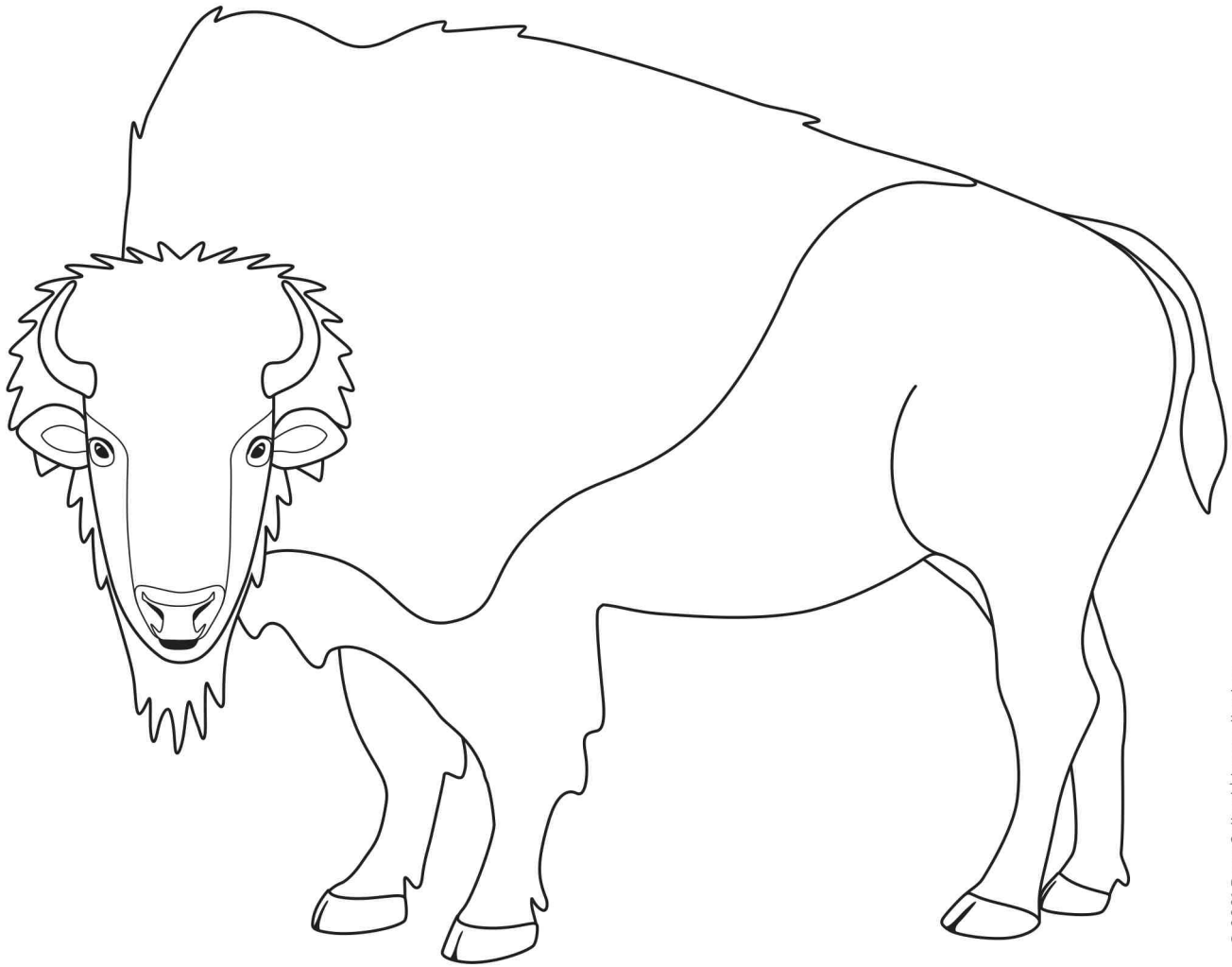
Third step in the registration process is to complete payment of the registration fees as well as jersey deposits if applicable. The player registration fees can be paid on-line at the same time as player registration is completed. Alternatively, please contact the EWZSA office at 780-451-6453 or Perry Wynn at pwynn1@telus.net

Age Group & Registration Fee Details

For information of the age groupings, nights of play and registration fees, please see either of the EMSA West Website (same website as the registration link) or the Soccer page on the Program tab of the Rio Terrace Community League website. Please contact Perry Wynn at pwynn1@telus.net with any questions or requests for further information.

Perry Wynn

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