

August 2025 Issue

President's Message

Summer is here! I hope you're enjoying it so far!

We are on the hunt for a Maintenance Director. We have been making do without one for a while and have a few projects that could use someone taking charge in this role. If you want to give back to the community and feel comfortable arranging contractors for maintenance projects (you do NOT have to be capable of doing them yourself!), please reach out to me at the email address below!

Also, a reminder that this is a new newsletter team, so please bear with us as we learn.

Upcoming events to keep your eyes open for (check out newsletter ads for more detail):

- Community League Day (including the Big Bin event) festivities on September 20th (page 8)
- Pie in the Park on **October 11th** (page 10)

Ongoing things of note:

- Rio Seniors meet for coffee time on the 3rd Tuesday of the month at 10 am and gentle (chair) yoga on the 2nd and 4th Tuesdays (1st session is FREE)
- Purchase a membership at: <u>https://rio-terrace.getcommunal.com/m</u>

 <u>emberships</u>
- Community league swim is at JP Leisure centre on Sundays from 4-6pm. A membership is required.

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Stay healthy. Stay safe. Stay kind.

All the best,
Emma
rtcl.president@gmail.com





Publication Info

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Proudly serving the neighbourhoods of Rio Terrace, Quesnell Heights and Patricia Heights.

15500 76 Avenue NW Edmonton, Alberta, T5R 4L8 780-487-0610 www.rioterrace.ca

A member of the Edmonton Federation of Community Leagues. <u>www.efcl.org</u>

Proud to be part of one of the best cities anywhere! www.edmonton.ca

Next Issue: November 2025

Submission Deadline: Friday, October 24,

2025

Connect with Us

Website: https://www.rioterrace.ca/

Twitter: <a>@RioTerrace

Facebook: <u>RioTerraceCommunityLeague</u>
Newsletter: <u>rtcl.newsletter@gmail.com</u>

Rio Terrace Community League Membership Info

Memberships are always available for purchase! Community league memberships are valid September 1st to August 31st. Anyone residing in the Rio Terrace, Patricia Heights or Quesnell neighbourhoods is encouraged to become annual membership holders; however, membership is open to anyone.

Get your membership

- At community social events using cash, cheque or credit card
- Online (pay with Visa or Mastercard) at https://efcl.org/membership-purchase/

Cost

• Family: \$40

Single/Couple: \$20Senior Couple: \$10

Senior Single: \$5



Benefits

- Free access to all Edmonton community skating rinks
- Facility rental discounts (25% off hall rentals)
- Free access to Rio Terrace tennis courts
- Discount at City of Edmonton Leisure facilities (5% off multi-pass or 20% off annual or continuous pass)
- Special promotions through <u>www.efcl.org</u>
- Jasper Place Leisure Centre Community
 Swim on Sundays 4 to 6 pm



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Andrew Olsen
Jen Osmond
Camille Sutton



Rio Terrace Community Soccer

Register for the Indoor Season!!

Registration is underway for the 2025-2026 indoor community youth soccer season! The community youth soccer program provides about 5 months of soccer activity from mid-October through early March to children aged 4 through 19, so players born in 2007 through 2022 are eligible to participate.

IMPORTANT DATES

Registration deadline: Sep 5, 2025

Season starts: Oct 11, 2025

How to Register

https://emsawest.com/play/register/indoor-re
gistration/

Step 1: Community League Membership

Ensure that you have or obtain a valid (current cards will start with 25-XXXXX) community league membership. Your membership number will be required to register.

Memberships expire on August 31, so you will need to purchase a new membership at www.efcl.org/memberships.

Step 2: Register with EMSA

There is a new EMSA soccer portal for this indoor season (www.portal.emsamain.com), so you will first need to create a family account and then continue on to individually register each child that you wish to register.

When completing the registration for each of your children, please be sure to

- Request to play on a Rio Terrace team (or other team if that is your preference)
- Indicate any 'play with' requests for friends and/or coaches
- Indicate any parental help available for coaching, etc.

Step 3: Pay EMSA West Registration Fees

You can pay registration fees online at time of player registration, or make arrangements with EMSA West (finance@ewzsa.com, 780-451-6453). *Player registration and placement is not guaranteed until registration fees have been paid or payment arrangements have been made with EMSA West.

Step 4: Pay Rio Terrace Team Fees

Rio Terrace Community League charges a \$40 player fee for players on teams U9 aged and older for the indoor season to cover soccer program costs incurred by Rio Terrace. An email will be sent to all players' parents by the end of September with information on how to make payment via e-transfer.

Indoor teams will be formed in September and play is scheduled to start on Oct 11.

Please register your child by the end of August for the best chance of getting placed on the team that your child wishes to play on. Players registering after Sep 5 will only be added to a team if the team is in need of more players.

Perry Wynn, Rio Terrace Soccer Coordinator rtcl.soccer@gmail.com



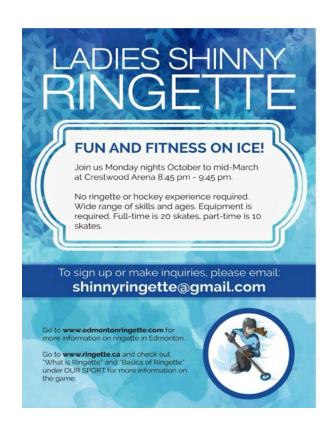
Outdoor Soccer Success

Congratulations to the **Rio Terrace U15 Wolves Girls** team for qualifying for the outdoor season Tier 4 Provincials and then capturing the Gold Medal. This team has often been an Edmonton representative in Provincials and are to be commended for their continued success. They are also just a great friendly bunch of girls who have really prospered under the guidance of Amy Machnik and her coaching team.

Other Rio Terrace Outdoor season teams also had great seasons and the Rio Terrace teams continue to be very successful on the field as well as off. As always, we are blessed to have such a dedicated group of parents offering their time and expertise to coach our community youth. Thank you to all team officials!!



"Latch hook soccer ball" Susannah, age 10







Rio Terrace Community Preschool



As we reach the halfway point of summer, excitement is building at Rio Terrace Preschool! We're eagerly preparing to welcome back familiar faces and meet new mighty learners and their families.

At Rio Terrace Preschool, we believe that play is at the heart of early learning. Whether it's splashing in puddles, building forts in the woods, or creating imaginative worlds together inside our preschool, our days are filled with opportunities for connection and learning. Outdoor play is a regular part of our days. Nature fuels children's confidence, creativity, and curiosity in the world around them.

Our preschool is more than a classroom, it's a place where community takes root and grows. Friendships blossom not only between children, but among families too. Through shared experiences, celebrations, and the everyday moments of drop-offs and pick-ups, we're proud to be a place where lasting relationships form and children feel a deep sense of belonging.

We are looking forward to the joyful return of playful, purposeful learning in the fall!

For more information check out our website! www.rioterracepreschool.com



Die Kleine Kinder Schule

Play Paves the Way for Learning

Die Kleine Kinder Schule is a non-profit preschool program that introduces children ages 3-5 to the German language through intentional play. We believe that learning a second language early in life not only gives children a head start academically, but also opens doors in an increasingly connected world.

At DKK, play isn't just for fun — it's a powerful tool for learning. Here's why:

- Play nurtures a lifelong love of learning
- It allows children to explore new concepts in a fun, low-pressure way
- It supports social and emotional growth through interaction with peers
- Play encourages both fine and gross motor development
- It naturally sparks language and vocabulary growth through storytelling and imaginative play

That's why play is at the heart of everything we do in our preschool classes. Through movement, music, storytelling, crafts, field trips, and more, your child will not only gain early exposure to German — they'll also be discovering the joy of learning!

Now enrolling at all three of our locations:

- Rio Terrace (inside Rio Terrace School)
- German Club
- Forest Heights



A Little Smile for Your Summer 🐸



German Joke:

Q: Warum kann ein Hund nicht tanzen?

A: Weil er zwei linke Beine hat.

English Translation:

Q: Why can't a dog dance?

A: Because it has two left feet!

Give your child the gift of a second language through play!

Learn more or register today at www.dkkplayschool.org

Ladies Drop-In Basketball



Come laugh and play with us. Ages 18 to 108. Low key and all skill levels welcome. Exercise, laughter and lots of fun. See: www.pvcl.ca



Most Thursday evenings, usually at Lynnwood School. Try it once! New people say "It's so much fun. I'm glad I came!"

Contact: jayspix@gmail.com



Big Bin Event:

Membership required, & available to purchase at the event

Dispose of large household items that ... don't fit in your regular garbage bins, such as old furniture and appliances. Household hazardous waste, like paint and batteries, will not be accepted and should be taken to the Eco Station.



Community league day festivities:

Bouncy castle, outdoor games, beer garden 2-6 pm

Indoor movie night: popcorn, candy, drinks 7 - 8:30 pm

For the indoor movie, bring your own chairs, blankets, and stuffies. Drinks, popcorn, and candy will be available for consumption. Movie shown: The Wild Robot.







Spaces for Rent at Rio Terrace Church

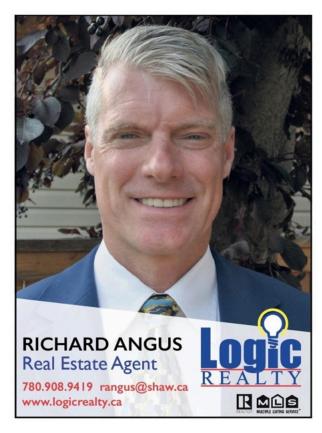
Rio Terrace Church has flexible, affordable room rentals of different sizes for a one-time event, weekly class or monthly meeting. Chairs and tables are available. We also have a commercial kitchen licensed by Alberta Health Services.

For rates and availability, contact church@rioterracechurch.org or call the office at (780) 487-0211.













DEAN & OSMOND



GOOD TIME TO SELL!

HOUSES IN OUR NEIGHBOURHOOD ARE SELLING AT AN ALL TIME HIGH!

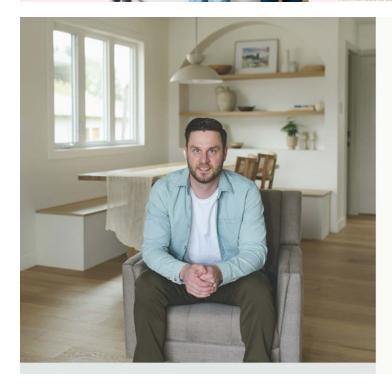
CALL US TO FIND OUT HOW MUCH YOUR HOME IS WORTH!

We live, work and play in this neighbourhood!

Felicia Dean 780.289.6670

Tatum Dean Jen Osmond 780.863.7056 780.289.6671

vendently owned and operated. | 201 – 5607 199 Street, Edmonton, AB Not intended to solicit properties that are already listed for sale.



2025 YTD Market Statistics (single family)

- . 10 sales, 24 average days on market
- Avg sale price: \$687,488

Patricia Heights

- . 5 sales, 9 average days on market
- Avg sale price: \$754,900

Quesnell Heights

- . 3 sales, 17 average days on market
- Avg sale price: \$1,403,333

ADAM T. WILSON | REALTOR®

I am proud to live in the Rio Terrace, Patricia Heights & Quesnell Heights area. I would be honoured to meet with you to discuss your real estate dreams!

> C. 780-887-2162 | 0. 780-962-8580 adamwilson@remax.net | @wilsonyegre





Crime Prevention For the Community, By the Community

#WalkYourBlockWeek2025

The Edmonton Neighbourhood Watch Program Society (ENW) warmly invites you to participate in the upcoming Walk Your Block Week 2025, running from Sunday, August 17 to Sunday, August 23, 2025.

This city-wide initiative is designed to foster community engagement and enhance neighbourhood safety. Whether it's a quick morning stroll or an evening walk with your pet, your presence alone can help deter crime, increase community awareness, and foster a stronger sense of connection between neighbours. You also have a chance to win a prize!

Why Participate?

Participating in Walk Your Block Week has several benefits, including:

- Strengthening the bonds within your community.
- Increased visibility and engagement which can reduce crime.
- Familiarization with your neighbourhood, recognizing unusual activities, noticing things like burnt-out street lights, graffiti, or property damage and knowing who to contact.
- Staying fit and mentally alert through regular walking.

DO NOT PUT YOURSELF IN HARM'S WAY.
CALL 911 IN CASE OF AN EMERGENCY



How You Can Get Involved

- Participate in Walk Your Block Week alone, with friends and family
- Promote Walk Your Block Week. Share information about the event with your members through newsletters, social media, and community boards.
- Organize Local Walks. Encourage local residents to organize and participate in neighbourhood walks during the Walk Your Block Week.
- Plan and host a community event or gathering to coincide with Walk Your Block Week, such as a neighbourhood meet-up or safety workshop.



As in previous years, you can enter to **WIN A PRIZE** by tagging us at

#WalkYourBlockWeek2025 on your social media story or post or by directly emailing us a photo or video of yourself taking a stroll!

To confirm your participation, donate a prize, invite us to your Walk Your Block Week event or find out more information, please contact us by August 13, 2025.

Ade Abiona

programcoordinator@enwatch.ca (780) 433-7458 www.enwatch.ca

By simply showing up, you're making your neighbourhood a safer and stronger place. Walk Your Block isn't just about safety, it's about connection, pride, and prevention. Let's step out, connect, and protect our neighbourhoods one block at a time!



US TURN **ABOUT US** Alberta Elks Foundation The Alberta Elks Foundation created the Tabs for Tots program in June of 2000 under the direction of Brother Nick Henger. Since its inception the program has collected 58,266 LBS of tabs. 123,876 LBS of other metal which equals \$176, 452.75. As a result Tabs for Tots has been able to donate \$170, 711.67 worth of pediatric medical equipment to our local hospitals. **REACH US** TABS FOR TOTS noellebrown123@gmail.com for dropoff location **Helping Regional** Noelle Brown - Rio Terrace Hospitals **Since 2000** Together We Can



Buy Nothing Group

Building Community and Reducing Waste

Over the past few years, the Rio Terrace/Patricia Heights/Quesnell Heights Buy Nothing Group has steadily grown into a vibrant and generous local community with over 460 members. Rooted in the idea of "giving where you live," this grassroots movement encourages neighbours to share freely—whether it's a gently used item, a homegrown tomato plant, or a kind gesture. The result is a stronger, more connected neighbourhood where generosity and sustainability go hand in hand.

The Buy Nothing Group has had a meaningful environmental impact by helping to reduce landfill waste and extend the life of household goods. Items that might otherwise be thrown away—clothing, furniture, toys, books, or tools—are instead passed along to someone who needs or wants them. This circular approach to giving supports a culture of reuse and reduces the need for new purchases, making a tangible difference in our local ecological footprint.

But perhaps even more valuable is the way the group has fostered community spirit. Many members have met neighbours for the first time through gifting or receiving items, leading to new friendships, helpful exchanges, and a greater sense of belonging. In a time when connection can be hard to come by, the Buy Nothing Group has become a simple but powerful way for people to support one another.

I personally enjoy posting items we no longer need on the Buy Nothing Group. It brings me joy to see our items used by someone else while keeping them out of the landfill. I have also been the recipient of several items over the past few years, including gifts for my classroom and my students, crafting supplies, books, and most recently cardstock and stickers which I'll now use to complete some scrapbooks that I started several years ago.

If you live in Rio Terrace, Patricia Heights, or Quesnell Heights, you're welcome to join the group and take part in this positive movement. To join, go to Buy Nothing Rio Terrace/Quesnell Heights/Patricia Heights Edmonton, AB on Facebook and be sure to answer ALL THREE of the membership questions.

We look forward to having you join our group! If you have any questions, please feel free to reach out to me at joanneolsen2@gmail.com.

Joanne Olsen Buy Nothing Group Administrator

Join us on Facebook!

Buy Nothing Rio Terrace/ Quesnell Heights/ Patricia Heights Edmonton, AB





Dogs of Our Community



Breed: White Swiss
Shepherd/Standard Poodle
Favorites: Anything that isn't
his,preferably sandals or socks
Fun Fact: He's a big baby and
cries when he doesn't get his
way.



Name: Ducky
Age: 2
Breed: Heinz 57 (Pyrenees X
Shepard X greyhound)
Favorites: Fruit - ALL of the
fruit!
Fun Fact: She can clear a 6ft

fence from a sit 20



Breed: Unknown
Favorites: Loves a bully stick
and river valley walks!
Fun Fact: She gets groomed by
her cat sister.

Name: Ollie
Age: 4 years
Breed: Wheaton
terrier/poodle mix
Favorites: Squeaky toys, our
kitten Murray, and potato
chips

Fun Fact: Ollie loves the river valley, and running into his neighbourhood friends; Stella, Ella, and Pepper!

IF YOU WOULD LIKE YOUR DOG FEATURED IN THE NEWSLETTER PLEASE EMAIL JENMODRY@GMAIL.COM



Age: 1
Breed: Poodle/Shih Tzu
Favorites: Green frog and
anything with beef
Fun Fact: Has 1 blue eye and 1
brown eye and hops like a bunny
when he's excited



Summer Freezer Meals Night

Stock your freezer, stress-free!

Join us for a fun and tasty event at Rio Terrace Church. Prepare and take home 7 delicious family-sized meals (each 5-6 people), including pulled pork, chicken fajitas, spaghetti and meat sauce, bbq chicken, and more!

Cost: \$185

 Location: Rio Terrace Church (15108 - 76 Avenue NW)

• When: Thursday, August 21, 6 PM

Only **8 spots** available. Register by **August 18, 2025**.

To sign up and for questions: rtchurchkitchen@gmail.com

Regular community kitchen sessions begin September 18, 2025.

rioterracechurch.org/kitchen

Rio Terrace Ice Cream Shack

A favorite Rio Terrace summer spot, the Ice Cream Shack is open daily from 3:30 - 8:30 pm (weather permitting), serving up Foothills Creamery ice cream until the fall.

Find us at 15108 76 Avenue NW, next to Rio Terrace Church. There are selections for everyone! Bring your sweet tooth, kids, friends...

We're always looking for volunteers to help keep the shack running smoothly. Contact Laurie Reid at laurreid3@gmail.com.







Emerald Ash Borer Community Monitoring Project

We are asking Edmontonians to monitor ash trees in their neighborhoods and report any signs or symptoms of Emerald Ash Borer (EAB), a destructive wood-boring insect threatening our urban forest, to City of Edmonton 311.

EAB is difficult to detect before it causes irreversible damage. Once infestation levels meet a particular threshold, over 99% of ash trees die. That's why early detection is essential — and community participation is key. EAB is an invasive species with no natural predators, and Edmonton stands to lose these trees and their associated, intricate ecosystems.

Community monitoring means more people are watching for signs of EAB across the whole city. This makes early detection possible. When someone eventually detects EAB, the city can quickly target that area and begin implementing strategic management plans.

EAB has destroyed tens of millions of ash trees across North America. All ash trees, Fraxinus species, in Edmonton are at risk.



A few numbers to provide context:

- Our city is home to approximately 180,000 ash trees, mostly found along our street boulevards.
- These trees represent 40% of all boulevard trees and have an approximate replacement cost of over \$390 million.
 (2022 figures, City of Edmonton Urban Forest Asset Management Plan)
- The broader ecological value of our urban forest is estimated at \$2.7 billion.

The impact of these irreversible losses on our ecosystems is incalculable.

Visit <u>communityfieldandforest.ca</u>, for more information on

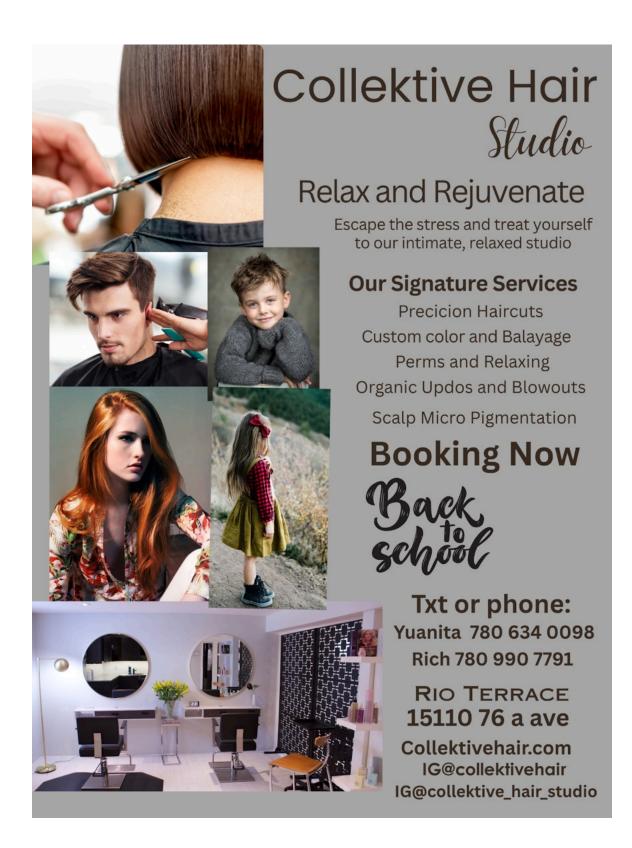
- How to identify ash trees
- What are the signs and symptoms of EAB to watch for
- How to monitor, including a downloadable form
- How to report your concerns to 311

Monitoring runs from now through late October. Report findings to the City of Edmonton's 311.

Sacha Curran

sacha@communityfieldandforest.ca communityfieldandforest.ca







Edmonton's Municipal Election

The next Edmonton Municipal Election is coming up on **October 20, 2025**. Find out whether you are registered to vote, volunteer and more at www.edmonton.ca/city government/edmonton-elections

Candidates

Our communities are part of ward sipiwiyiniwak (pronounced: SEE-PEE-WIN-EE-WOK).











To be as equitable as possible, we invited all candidates running in our ward to submit a small ad for this issue at no charge.

Find out more about all candidates at www.edmonton.ca/city_government/municipal_elections/nominated-candidates



Thinking about buying or selling?





Complementary in home market evaluation

Jen Modry Cell: (780) 953-3050 jmodry@maxwellrealty.com

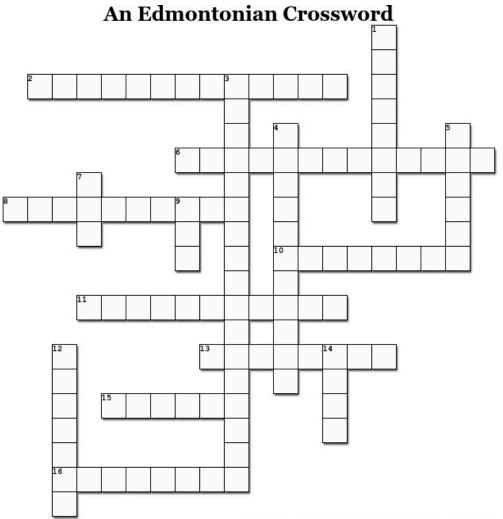
Mark Dumesnil Cell: (780) 293-0647 mdumesnil@maxwellrealty.com

We love what we do!

Finding your perfect home or selling your current one is what we're here for. With hard work, transparency and excellent communication. we are committed to creating the best experience possible while tailoring our services to your unique client needs. Whether you are buying your first home, moving on to something bigger, downsizing or wherever you are in your real estate journey, we are there for you every step of the way.







Created using the Crossword Maker on TheTeachersCorner.net

Across

- 2. Our communities' municipal ward
- 6. Edmonton's ring road
- 8. Edmonton's baseball club
- 10. Edmonton receives 2,299 hours of this per year
- 11. Notable urban parkland within the city
- 13. Sweet summer treat sold next to Rio Terrace Church
- This year's annual festival features
 theatre productions
- 16. Notable city event coming up on October 20

Down

- Four-day music event held at Gallagher Park
- 3. A large river that runs through the city
- 4. Oilers home arena
- 5. Edmonton's official bird
- 7. The city's international airport code
- Shopping centre with over 800 stores and services (abbr.)
- 12. Pie in the Park month
- 14. Edmonton's CFL team



Get Involved!

Tell us what you want, what you really really want! ♠

As mentioned, we are a new newsletter team and are open to feedback!

Take this short survey or email us to let us know what you liked about this issue, or what you might like to see in the future.

rtcl.newsletter@gmail.com



Calling Community Kids 🦠

Do you have some artwork to show off?

Send it to us and we'll do our best to include it in our next newsletter!



Submit your artwork here →
Or email it to us at
rtcl.newsletter@gmail.com



Friday November 7, 2025 STARTS: 7:30 PM UNTIL WHENEVER Location: Uncle Glenn's Pub 7666 156 Street NW



MY EXERCISE ROUTINE



Shared with permission by Brian Gordon (fowllanguagecomics.com)



Shared with permission by Jimmy Craig (theycantalk.com)

A Kid's Guide to Getting Up for School

1). When you hear your name called, hide under the covers. Maybe your parents will think you already got up and got yourself to school.



Shared with permission by Adrienne Hedger (hedgerhumor.com)



Shared with permission by Nick Seluk (theawkwardyeti.com)



