

## August 2026 Issue

### President's Message

Hello all,

I really hope you are getting out to enjoy what is, at least in my memory, the most bizarre summer ever! I hope your basements are holding strong from the deluges and that mosquitos dislike you!

Upcoming events include

- **Raise the Roof for Rio** (Hall Renovation fundraiser) on September 12th (*page 4*)
- **Community League Day & Big Bin** on September 19th (*page 17*)
- Our **Annual General Meeting** is on the 4th Wednesday of September, which falls on September 23rd (*page 22*)
- And, as always, **Rio Seniors** meet for coffee time on the 3rd Tuesday of the month at 10 am and gentle (chair) yoga on the 2nd and 4th Tuesdays (1st session is FREE)

The plans for our hall beautification are progressing. (*See page 4 for more information*)

Stay healthy. Stay safe. Stay kind.

All the best,

Emma

[rtcl.president@gmail.com](mailto:rtcl.president@gmail.com)

### TABLE OF CONTENTS

|                                                      |    |
|------------------------------------------------------|----|
| Publication Info.....                                | 2  |
| Community League Membership Info.....                | 2  |
| Contact Info.....                                    | 3  |
| Rio Terrace Hall Beautification.....                 | 4  |
| Neighbourhood Safety Reminder.....                   | 5  |
| Rio Terrace Community Soccer.....                    | 6  |
| DKK: Preparing for the Back to School.....           | 8  |
| Rio Terrace Preschool.....                           | 10 |
| Rio Terrace Church.....                              | 14 |
| Recap: Community Disaster Preparedness Workshop..... | 16 |
| Puzzle: Tribonds.....                                | 19 |
| Meet the Dogs (and Cats!).....                       | 21 |
| Get Involved!.....                                   | 22 |
| Comics.....                                          | 23 |



## Publication Info

Issues published quarterly in February, May, August & November. Copyright ©2026, Rio Terrace Community League.

Proudly serving the neighbourhoods of Rio Terrace, Quesnell Heights and Patricia Heights.

15500 76 Avenue NW  
Edmonton, Alberta, T5R 4L8  
780-487-0610

[www.rioterrace.ca](http://www.rioterrace.ca)

A member of the Edmonton Federation of Community Leagues. [www.efcl.org](http://www.efcl.org)

Proud to be part of one of the best cities anywhere! [www.edmonton.ca](http://www.edmonton.ca)

Next Issue: November 2026  
Submission Deadline: Sun, Nov 1, 2026

## Connect with Us

Website: <https://www.rioterrace.ca/>

Twitter: [@RioTerrace](https://twitter.com/RioTerrace)

Facebook: [RioTerraceCommunityLeague](https://www.facebook.com/RioTerraceCommunityLeague)

Newsletter: [rtcl.newsletter@gmail.com](mailto:rtcl.newsletter@gmail.com)

## Rio Terrace Community League Membership Info

Memberships are always available for purchase! Community league memberships are valid September 1<sup>st</sup> to August 31<sup>st</sup>. Anyone residing in the Rio Terrace, Patricia Heights or Quesnell neighbourhoods is encouraged to become annual membership holders; however, membership is open to anyone.

### Get your membership

- At community social events using cash, cheque or credit card
- Online (pay with *Visa* or *Mastercard*) at <https://rio-terrace.getcommunal.com/memberships>

### Cost

- Family: \$40
- Single/Couple: \$20
- Senior Couple: \$10
- Senior Single: \$5



### Benefits

- Free access to all Edmonton community skating rinks
- Facility rental discounts (25% off hall rentals)
- Free access to Rio Terrace tennis courts
- Discount at City of Edmonton Leisure facilities (5% off multi-pass or 20% off annual or continuous pass)
- Special promotions through [www.efcl.org](http://www.efcl.org)
- Jasper Place Leisure Centre Community Swim on Sundays 4 to 6 pm

## Contact Info

### *President*

Emma Woolner

[rtcl.president@gmail.com](mailto:rtcl.president@gmail.com)

### *Past President*

Lance Burns

### *Vice President*

\*\*\*YOUR NAME HERE\*\*\*

[rtcl.vicepresident@gmail.com](mailto:rtcl.vicepresident@gmail.com)

### *Secretary*

Sarah Spenrath

[rtcl.secretary156@gmail.com](mailto:rtcl.secretary156@gmail.com)

### *Treasurer*

Jen Forsyth

[rtcl.treasurer@gmail.com](mailto:rtcl.treasurer@gmail.com)

### *Membership Director*

Marly Johnson

[rtcl.membership@gmail.com](mailto:rtcl.membership@gmail.com)

### *Social / Programs Director*

\*\*\*YOUR NAME HERE\*\*\*

[Rtcl.president@gmail.com](mailto:Rtcl.president@gmail.com)

### *Soccer Director*

Perry Wynn

[director@rioterracesoccer.ca](mailto:director@rioterracesoccer.ca)

### *Maintenance Director*

Jim Lang

[rtcl.maintenance@gmail.com](mailto:rtcl.maintenance@gmail.com)

### *Hall Rental Director*

Carrie Anne Doucette

780-232-3399

[rioterracecl@gmail.com](mailto:rioterracecl@gmail.com)

### *Newsletter Team*

Vanessa Burke

Camille Sutton

Emma Woolner

[rtcl.newsletter@gmail.com](mailto:rtcl.newsletter@gmail.com)

### *Preschool*

Auriana Burns

[rtcl.preschool@gmail.com](mailto:rtcl.preschool@gmail.com)

### *Maintenance Assistant*

Gregor Suchora

### *Signs*

Perry Wynn

### *Directors at Large*

Brandon Blanck

Auriana Burns

Jen Osmond

Michelle Robinson

William Sims

Gregor Suchora

Alyce Tracey

Lise Watts

## Rio Terrace Hall Beautification

The plans for our hall beautification are progressing. We engaged the Edmonton Police Service to generate an assessment of our hall in “Crime Prevention through Environmental Design” and generated both the AS-BUILT drawings and Real Property Report.

As we enter the early design stages, we are reaching out to residents of Rio Terrace, Patricia Heights, and Quesnell Heights who work in — or have connections to — architectural or engineering firms. We are seeking qualified professionals to participate in our bid process across the following disciplines:

- **Architecture** — conceptual & schematic design, design development, permitting support
- **Structural engineering** — assessment and design for building modifications & additions
- **Mechanical engineering** — HVAC, plumbing, and related systems
- **Electrical engineering** — power, lighting, and low-voltage systems

We believe there is real value in working with professionals who know and care about this community. If your firm — or a firm you are connected to — may be interested in receiving our RFP when it is issued, we’d love to hear from you.



Please reach out directly to Scott Varga at VA Projects, who is managing the procurement process on behalf of the RTCL:

[scott@vaprosjects.co](mailto:scott@vaprosjects.co).

Kindly include a brief introduction and your area of expertise.

## SAVE THE DATE!

Dance! Donate! Renovate!

## RAISE THE ROOF FOR RIO!

Supporting the Rio Terrace, Patricia Heights & Quesnell Community Hall

**SATURDAY SEPTEMBER 12, 2026**

3 Neighbourhoods | One Community | One Hall

🎵 Live Music by The Incurrigibles

🍹 Cash Bar

🎰 50/50 Raffle

🎫 Tickets: \$10 minimum donation (or more if you're able!)

❤️ 100% of proceeds will go toward the Community Hall Renovation Fund.

Join your neighbours for an evening of music, fun, and community as we raise funds to revitalize our beloved community hall.

Proudly supported by Dean & Osmond Real Estate



## Neighbourhood Safety Reminder

Many of you are probably aware that, one night this past June, the porta-potty outside the Community League Hall was set on fire and completely destroyed. It cost the Community League \$1260 to replace it. It's an essential piece of infrastructure since we accommodate Green Shacks and other activities at our park.

Let's work together to keep our neighbourhood safe!

- Join the ***Rio Terrace/Quesnell Heights/Patricia Heights Edmonton, AB Community Watch Facebook Group*** and post if anything happens that leaves you concerned or uneasy.
- **Contact 311** to make a report as well. This allows the City to be informed about issues that occur within the neighbourhood and allocate policing resources accordingly.
- When there are no known suspects & no evidence that requires an officer to come to the scene, please contact the **non-emergency police line at 780-423-4567**. If you are calling from a mobile device within city limits, you can simply dial **#377**.
- Keep your outdoor lights on at night, keep your hedges trimmed, bring your garbage bins in, and pay attention to your surroundings.
- Talk to your neighbours and look out for one another!



## Rio Terrace Community Soccer

### Register for the Rio Terrace Youth Community Soccer for the Indoor Season!!

Registration is underway for the 2026-2027 Indoor community level youth soccer season that will begin play in mid-October. The community youth soccer program provides about 5 months of soccer activity from mid-October through early March to children aged 4 through 19 – players born in 2008 through 2023 are eligible to participate.

#### IMPORTANT DATES

- *Registration deadline:* Sep 4, 2026
- *Season starts:* Oct 17, 2026

### How to Register

The registration process for community soccer requires using the online EMSA soccer portal website ([portal.emsamain.com](http://portal.emsamain.com)) with payment of the registration fee to be made either online at the time of player registration or shortly thereafter through making payment arrangements with the EMSA West soccer office.

#### Step 1: Review Youth Soccer Program Info

Review the Indoor Community Youth Soccer Program information on the EMSA West Soccer website or on the Rio Terrace Community League website [www.rioterrace.ca/programs/soccer](http://www.rioterrace.ca/programs/soccer).

#### Step 2: Community League Membership

Ensure that you have or obtain a valid (current cards will start with 26-XXXXX) community league membership. This needs to be acquired in advance of proceeding with online player registration. Memberships expire on August 31, so you will need to purchase a current year membership at [www.efcl.org/memberships](http://www.efcl.org/memberships).

#### Step 3: EMSA Registration

Complete the actual online registration of individual players using the EMSA soccer portal ([www.portal.emsamain.com](http://www.portal.emsamain.com)). For new families to EMSA, you first need to create a family account and then you individually register each child that wishes to play in the Indoor season. When completing the registration for each player, please be sure to specifically request to play on a *Rio Terrace* team (or other team if that is your preference) and indicate any 'play with' requests for friends and/or coaches. Please also be sure to indicate any parental help available for coaching, etc.

#### Step 4: Pay the EMSA West Registration Fees

You can pay fees online at time of player registration or through alternative arrangements by contacting the EMSA West office at 780-451-6453. *\*Please note that player registration and placement on a team will not be completed until the payment of the registration fee has been made or payment arrangements have been made with the EMSA West soccer office.*

## Step 5: Make payment to Rio Terrace Community League

The Rio Terrace team-based individual indoor season player fee is \$40 per player for age groups U9 and older. An email will be sent to all players' parents by the end of September with information on how to make this payment via e-transfer.

Indoor teams will be formed in September and play is tentatively scheduled to start on Oct 17.

Please register your child in the EMSA Soccer Portal ASAP for the best chance of getting placed on the team that your child wishes to play on. Players registering after Sept 4 will only be added to a team if the team is in need of more players.

## 2026 Community Soccer Outdoor Season Success

Congratulations to the Rio Terrace U17 Wolves girls team for qualifying for the outdoor season Tier 4 Provincials and then placing 3rd - a very respectable placing for a team that age wise could have played U15. The Provincials event was marred by poor air quality which necessitated many of the games being reduced to penalty kicks only. The Wolves have been an Edmonton representative in Provincials many times and are to be commended for their continued success. They are also just a great friendly bunch of girls who have really prospered under the guidance of Amy Machnik and her coaching team.

Congratulations to the other 2 Rio Terrace teams who participated in Provincials - the U19 Raptors (coach Ainsworth) boys team placed 3rd and the U13 Tacos (coaches Burrows & Rosenfeld) boys team placed 2nd.

Other Rio Terrace Outdoor season teams also had great seasons and Rio Terrace teams continue to be very successful on the field as well as off.

As always, we are very fortunate to have such a dedicated group of parents offering their time and expertise to coach and mentor our community youth. Thank you to all team officials!! Also, a big thank you to the parents who get their children out to games and practices throughout the season.



## Preparing for the Back to School Groove

*By Die Kleine Kinderschule: German Bilingual Preschool*

Summer, a change of pace, a time to build memories, and filled with lots of smiles. The simple joys of enjoying an ice cream cone, park outings, and longer days are slowly shifting to the background as noteworthy dates, school supply lists, and establishing a new rhythm take center stage.

Fall can be an exciting and yet overwhelming season for many families. Here are a few things to keep in mind as you prepare your preschooler for the back to school transition:

### 1. Talk about it with your child

Giving your little one a heads up that a transition is coming will help them prepare. Focus on the highlights of school, the friends, the special activities, their teachers being excited to see/meet them and learning so many new things.

At Die Kleine Kinderschule: German Bilingual Preschool (DKK) our awesome teaching team is filled with anticipation as they plan crafts, songs, games, stories, field trips and more for the 2026-2027 school year. They are thinking of each of their students and how they can make the school year awesome. This information can be valuable to share with your child too.

### 2. Gather supplies sooner rather than later

Indoor shoes? Check. Backpack? Check. Labeled school supplies? Check.

There can be lots of details to this preparation, but it feels oh so good when you can knock it off the to-do list. Our teachers at DKK are cleaning classrooms, setting up play stations, and double checking licensing requirements to ensure we can have a safe and welcoming space for each of our students. You can know that you are in good company on the preparation front.

### 3. Encourage independence

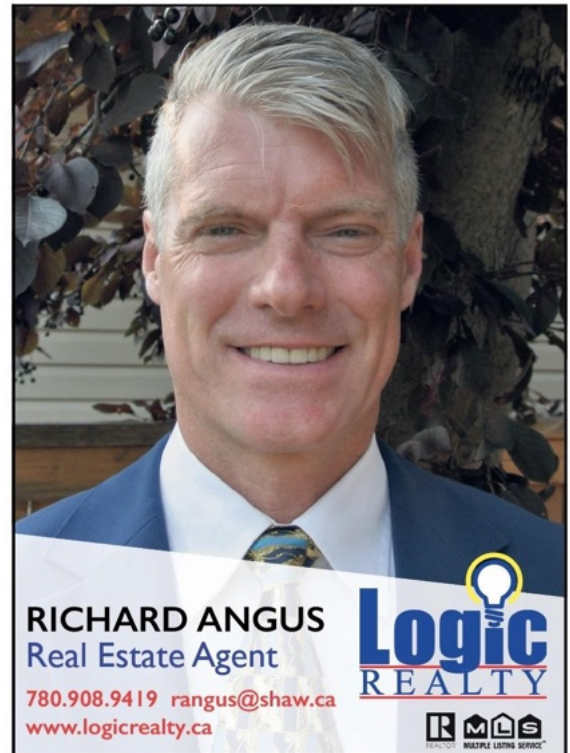
Coach your child through putting on their shoes by themselves or going to the bathroom independently (including hand washing). Practice listening to a book being read to them or having fun dancing to some music. These are skills that they will regularly be using at preschool and extra practice will only increase their confidence.

Another way to foster independence is providing your child with the opportunity to learn a second language at a young age. Benefits include increasing their brain flexibility, strengthening problem solving, and improving focus which will only serve to foster further independence in your child as they grow. That is one of the reasons that a German bilingual preschool is an excellent opportunity for your child and no one in your family needs to have a previous knowledge of the language.

## 4. Continue to make summer memories ☀️

The school year will be in full swing before you know it. Don't hesitate to intentionally savor the sunshine and smiles. You won't regret creating the space to be present with your child and it is a great way to remind them that you are there and love them. This knowledge will give your child a strong foundation to launch from and set them up for success this school year.

Die Kleine Kinderschule teaching team will be ready to go September 2nd, but we want you to enjoy every last bit of summer. 😊





**Simply ORTHODONTICS**  
...Beautifully different



*Bringing smiles to life*

*Your Community Orthodontist*

Specialist smile care for youth, teens and adults

780-756-7600  
Stony Plain Rd & 150 St  
SimplyOrtho.ca



Here at Rio Terrace Community preschool we are eagerly preparing to welcome back familiar faces and meet new mighty learners and their families. At RTCP, we believe that play is at the heart of early learning.

Whether it's splashing in puddles, building forts in the woods or creating imaginative worlds together inside our preschool, our days are filled with opportunities for connection and learning.

We have a beautiful classroom with lots of natural light, a climbing wall, a "huge" slide, and countless books and resources to nurture children's curiosity and love of learning. We also believe nature fuels children's confidence and curiosity about the world around them, so we make a point of getting outside every day.

Most importantly, we want every child who walks through our doors to feel known and valued for who they are. We give children space to discover their strengths, build confidence and begin to find their place in the world. Our preschool is more than a classroom — it's a place where community takes root and grows. Friendships blossom not only between children, but among families too. We're proud to be a place where lasting relationships form and children and their families feel a deep sense of belonging.

There are still a few spots available for fall!

**For more information about our programs, check out the Rio Terrace Preschool website and register online.** Email Ms. Jules at [rtpedm@gmail.com](mailto:rtpedm@gmail.com) if you have any questions or would like a tour!

HELP US TURN

*this*



*Into this*



*Together We Can*

## ABOUT US

The Alberta Elks Foundation created the Tabs for Tots program in June of 2000 under the direction of Brother Nick Henger. Since its inception the program has collected 58,266 LBS of tabs, 123,876 LBS of other metal which equals \$176,452.75. As a result Tabs for Tots has been able to donate \$170,711.67 worth of pediatric medical equipment to our local hospitals.

## REACH US

### Email

noellebrown123@gmail.com  
for dropoff location  
Noelle Brown - Rio Terrace

Thank You to the  
community for the  
wonderful response!  
Noelle



<https://elksfalberta.ca>

Alberta Elks Foundation



**TABS FOR TOTS**  
Helping Regional  
Hospitals  
Since 2000



## WHAT IS TABS FOR TOTS?

"Tabs for Tots" is a program of the Alberta Elks Foundation. It provides funds for Pediatric Care and Equipment for regional hospitals and health care units. The items are typically intended for delivery rooms, nurseries, or pediatric wards.

Applications to the Tabs for Tots program can be made by any Elks or Royal Purple Elks Lodge through one of its members.

Projects can receive up to \$5,000.00 from the Tabs for Tots Program

## HOW CAN I HELP

Tab for Tots collects the "tab" off of beverage cans as well as other recyclable metals. The collection is sold for scrap and the funds collected are allocated for helping local hospitals



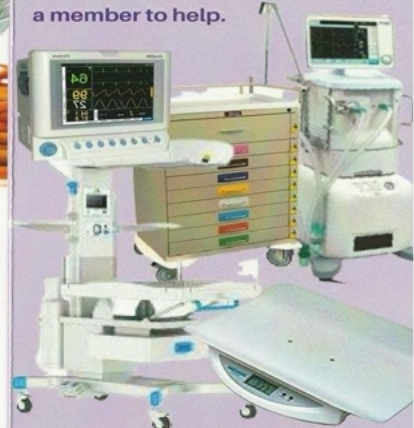
*Did you know?*

**TABS ARE BEING COLLECTED  
IN COMMUNITIES IN A  
NUMBER OF DIFFERENT  
WAYS, INVOLVING SCHOOLS,  
DAY CARES AND BY LOCAL  
TRADES DONATING  
MATERIALS AFTER  
A JOB HAS BEEN  
COMPLETED**



## THE POWER OF TOGETHER

Collecting 58,246lbs. of tabs is no easy task. Together it is possible. Together we can supply much needed medical equipment to local hospitals all over Alberta. Together we can make a difference. You do not have to be a member to help.



**PULL.COLLECT.DONATE**

## HELLO, NEIGHBOUR

Under the tree-lined canopies, the charming 1960s homes first drew us to Rio Terrace in 2009 and inspired the watercolour on the front. Then we discovered the neighbourhood's location above the river valley, and knew we'd found something truly special. After 17 years of teaching, I'm excited to begin a new chapter as a REALTOR®. I'm grateful for the opportunity to guide families, couples, and entrepreneurs through some of life's biggest decisions. You'll often find me painting neighbourhood homes in watercolour, exploring the river valley with my family and our two dogs, or chatting with neighbours.

- ✓ HELPING PEOPLE IN THE COMMUNITY I LOVE.
- ✓ HONEST ADVICE.
- ✓ COMPLIMENTARY HOME VALUE REVIEWS.
- ✓ A TRUSTED LOCAL RESOURCE.

*I hope your home will become one of my watercolour paintings someday.*



**ANNA SLUSAREK**  
**REALTOR® . TEACHER . NEIGHBOUR**



READ MY STORY

Proud Rio Terrace Resident

✉ [ANNA@LIVREALESTATE.CA](mailto:ANNA@LIVREALESTATE.CA)

📞 780.709.5221

📷 @ITS.ANNA.SLUSAREK

🌐 [WWW.ANNASLUSAREK.CA](http://WWW.ANNASLUSAREK.CA)



NOT INTENDED

TO CAUSE A BREACH, CANCELLATION, OR ASSIGNMENT OF ANY EXISTING WRITTEN SERVICE AGREEMENT

# Community Matters



This is the home my family found our way back to-  
a place that reminds me every day how important it is to love where you live.  
Curious how we found our way back? Read **MY STORY**.



**Rio Terrace Community Preschool**

## BOTTLE DRIVE

Turn your empties into something amazing!

**DROP-OFF INFO**

**SEPT 19**  
**9-4**  
**RIO TERRACE COMMUNITY LEAGUE**  
15500 76 ave

*Let's recycle for a purpose!*

Bottle drive trailer will be on site during the Community League Big Bin Event. All donations directly support the learning opportunities provided for the children. Help us give our Mighty Learners a mighty head-start! Thanks for your support.

*3rd Annual*  
**RHYTHM AND BOOS COMMUNITY SOCIAL**  
& Silent Auction

*Oct 24 7 pm*

Rio Terrace Community League  
15500 76 ave, Edmonton

Follow Rio Terrace Community Preschool on your socialmedia for all news, ticket sales and how to support us best! Local companies wishing to help with Silent Auction please email  
fundraising.rtcs@gmail.com



## Rio Terrace Church

### The Rio Terrace Ice Cream Shack

We serve a variety of flavors from Foothills Creamery from 3:30 pm-8:30 pm daily (weather permitting). Extra profits support the Rio Terrace community kitchens.

Come find us next to Rio Terrace Church in Poyser Park at 15108-76 Avenue NW.

### Community Men's Group – Free Breakfast

Description: This is a non-religious, social gathering for men in Rio Terrace, Quesnell Heights and Patricia Heights communities. Voluntary donations accepted to offset food costs. No registration needed.

- **Where:** Rio Terrace Church at 15108-76 Avenue NW
- **When:** Third Saturday of each month, Sep 19, Oct 17, Nov 21, Dec 19 between 8:30-9:45 am

### Gathering Spaces for Rent

Rio Terrace Church has room rentals of various sizes for single, weekly or monthly rate bookings. We also have a commercial kitchen.

Email us at [church@rioterracechurch.org](mailto:church@rioterracechurch.org) or call (780) 487-0211 for more details.

**DEAN & OSMOND**

— REAL ESTATE —

[www.deanandosmond.com](http://www.deanandosmond.com)



**WE HAVE NICE  
FAMILIES THAT WANT  
TO MOVE TO THE  
NEIGHBOURHOOD!**

**CALL US IF YOU'RE THINKING OF  
SELLING YOUR HOME!**

**WE OFFER NO COST MARKET  
EVALUATIONS, WE HELP BUYERS  
AND WE PROVIDE SOUND REAL  
ESTATE ADVICE.**

**Felicia Dean**  
780.289.6670

**Tatum Dean**  
780.863.7056

**Jen Osmond**  
780.289.6671

**RE/MAX  
EXCELLENCE**

Independently owned and operated. | 201 - 5607 199 Street, Edmonton, AB  
Not intended to solicit properties that are already listed for sale.

**the  
wellnessclinic**

PRESENTS A

## RESTORATIVE WELLNESS EXPERIENCE



*Join us for a guided meditation  
while immersed in a tranquil sound bath  
Infused with elements of Acupuncture, Reiki,  
Massage Therapy and Reflexology*

\$25/person - Capacity 30  
email [info@thewellnessclinic.ca](mailto:info@thewellnessclinic.ca) to reserve your spot  
more details will be emailed to those registered

October 3 @ 2:00-3:30  
Rio Terrace Community League Hall  
15500-76 Ave

## Recap: Community Disaster Preparedness Workshop

*By Dean Verger*

It all began when I picked up the last edition of our community newsletter. I read there was to be a Disaster Preparedness Workshop. I imagined there would be representatives from city organizations, and maybe a few pamphlets. I headed over at 9:30 am, telling Ruth I would be right back, then didn't return for another three hours.

Instead of tables with pamphlets, I entered the community league hall to become the last participant in a real "workshop."

Members from various communities took part in a fully interactive gathering led by Adam Conway from the University of Alberta, a representative of the city, plus three members from NAIT's emergency preparedness program.

When I had read the newsletter, I had somehow missed the first word "community." I entered thinking it was about personal disaster, or maybe something bad happening to my house, or worse, to my family. Not quite. The workshop began with a simple game to establish our knowledge of our community and past examples of disasters. For example, those who had lived here longer, told us of terrible flooding just two decades ago. Another participant described the damage from a tornado that had hit in Edmonton. These were disasters that had impacted the entire community!

The game was followed by a series of exercises which helped build our understanding of the community, its roads, infrastructure, resources, and limitations. In much the same way that First Aid training prepares us to take effective action (as opposed to just freezing or panicking) the exercises had us think of possible scenarios, and what we could do. The exercises evolved into a scenario and role-playing. I am always thrilled by the knowledge held by each community member. My partners always came up with neat observations, experiences, and possible solutions I had not thought about.

There are three quick takeaways from the workshop that have stuck with me. Imagine a huge summer storm, with flooding and downed power lines.

First, community halls can be used to centralize information. Where are the downed power lines? Which roads are too dangerous to drive on? Who needs help, and what type of help?

Second, the halls can become resource centres. As a respite centre when my own house is too damaged to safely stay in. Or, why chase after your insurance agent when the agents can be invited to the hall where you could meet with them in person?

And finally, although I thought I knew what the city might do when our community is hit by a disaster, I had not thought through what my neighbours and I could do.

Did I mention the chance to meet and chat with my neighbours? That part was equally entertaining. Yes, the exercises were equal parts informative and fun. If you see another such workshop popping up, I would certainly recommend attending.

*The workshop was held on Saturday, June 20, at the Rio Terrace, Quesnell, and Patricia Heights Community League hall.*

## Tai Chi Beginner Class

Once weekly  
On Tuesdays  
From 7:00 to 8:30 pm  
Starting On September 8

Held at  
Meadowlark School  
9150—160 St

Contact us at  
Edmonton Tai Chi  
Phone (780) 429-1129  
or  
Email: [bill@edmontontaichi.ca](mailto:bill@edmontontaichi.ca)

Website: [edmontontaichi.ca](http://edmontontaichi.ca)

## Big Bin Event 9am - 4pm:

Membership required, & available to purchase at the event

Dispose of large household items that don't fit in your regular garbage bins, such as old furniture and appliances. Household hazardous waste, like paint and batteries, will not be accepted and should be taken to the Eco Station.

## COMMUNITY LEAGUE DAY

SEPT. 19<sup>TH</sup>, 2026

BIG BIN EVENT 9-4PM

OUTDOOR FAMILY FUN  
12-4PM

## Community league day festivities 12 - 4pm:

Bouncy castles, outdoor games, beer garden, face painting, food,

and MORE!



## Rio Terrace Community League Seniors Gatherings

The seniors group invites everyone 55+ to their  
programs on most Tuesdays at 10am  
Rio Terrace Hall 15504 76 Ave

- 2<sup>nd</sup> Tuesday - Seated/gentle yoga
- 3<sup>rd</sup> Tuesday - Coffee time
- 4<sup>th</sup> Tuesday - Seated/gentle yoga

**Suggestions for other programs?**

**Reach out!**



Email for more info:  
[RTCL.president@gmail.com](mailto:RTCL.president@gmail.com)



- Photo credit Avery Ellis

## Puzzle: Tribonds

|                                               |                                                 |                                                         |
|-----------------------------------------------|-------------------------------------------------|---------------------------------------------------------|
| ①<br><b>Corner<br/>Tomb<br/>Sand</b>          | ②<br><b>Wire<br/>Battery<br/>Lightning</b>      | ③<br><b>Sea<br/>Shoe<br/>Race</b>                       |
| ④<br><b>Cow<br/>Bar<br/>Door</b>              | ⑤<br><b>Sandal<br/>Drift<br/>Dead</b>           | ⑥<br><b>Comb<br/>Saw<br/>Tiger</b>                      |
| ⑦<br><b>Burrow<br/>Rake<br/>Mud</b>           | ⑧<br><b>Garden<br/>Potato<br/>Greek</b>         | ⑨<br><b>Plane<br/>Fairy<br/>Bird</b>                    |
| ⑩<br><b>Mine<br/>Macaroni<br/>Golf course</b> | ⑪<br><b>Crossbow<br/>Tennis racket<br/>Harp</b> | ⑫<br><b>Candy floss<br/>Peanut butter<br/>Duct tape</b> |

**Tribonds** are a word association puzzle that requires you to find what joins or links 3 given words. The answers vary from being compound nouns, related by shape, size, color, or another single common element the words share that bonds them together. *(Answers on page 24)*



**Challenge  
Realty**

Where Real Estate Happens®

REAL ESTATE  
*done right.*

EXPERIENCE.  
INTEGRITY.  
RESULTS.



Helping neighbours buy and sell  
homes throughout Edmonton  
with care and confidence.



**COMPLIMENTARY  
IN-HOME MARKET EVALUATION**

Curious what your home is worth  
in today's market?

*Let's connect.*

*Jen*  
**MODRY**  
REALTOR®



#### WHAT MY CLIENTS ARE SAYING

“ Jen made the entire process  
feel effortless. Professional,  
knowledgeable and always  
available. Highly recommend!



Read more 5-star reviews on [Realtor.ca](https://www.realtor.ca)

“ We trusted Jen completely  
and couldn't be happier  
with the outcome.  
She truly cares.



780-953-3050



[jenmodry@gmail.com](mailto:jenmodry@gmail.com)



Read more 5-star reviews on  
[Realtor.ca](https://www.realtor.ca)

*Proud to call Rio Terrace home. ♥*

Not intended to solicit properties currently listed for sale or individuals currently under contract with another REALTOR®.  
REALTOR® is a registered trademark of the Canadian Real Estate Association. Each office independently owned and operated.



## Dogs *of our* Community

*(and cats!)*



*Penny*

Age: 12 | Breed: Golden Retriever

Favorites: Her stuffed bunny, sticks, carrots, splashing in the river

**Fun fact:** Penny brings her stuffed bunny to bed every night.

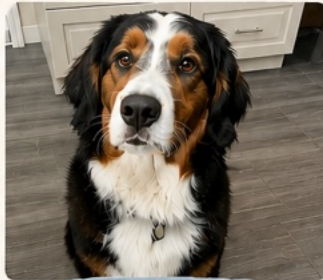


*Willow*

Age: 6 | Breed: Boxer, Great Dane, Mastiff cross

Favorites: Ice cubes, milk bones, and playing with her dolphin toy

**Fun fact:** She's a destroyer and loves snuggles.

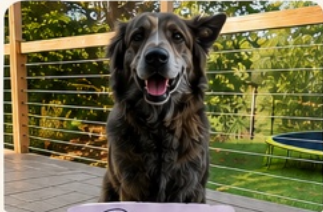


*Charlie*

Age: 1 | Breed: Bernedoodle

Favorites: Pets from his humans, chewing on his bones, napping, and laying outside in -30°C

**Fun fact:** He has 2 siblings around the neighbourhood.

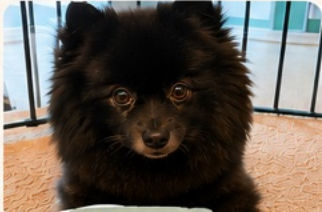


*Dora*

Age: 2 | Breed: Lab / German Shepherd / Rough Collie

Favorites: Playing frisbee and sitting on her owners

**Fun fact:** Always has one ear floppy and is next door neighbours to Charlie the dog.

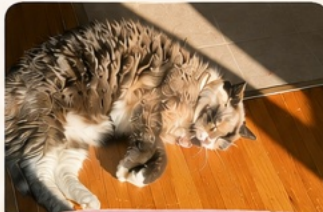


*Luca*

Age: 11 | Breed: German Spitz

Favorites: Barking at everything, treats, visiting his grandparents

**Fun fact:** He is a master at catching houseflies!



*Gertie (aka Luna)*

Species: Cat

Likes: Sleeping in the sun, playing with catnip, ear and chin scratches

**Fun fact:** She's our old fluffy girl and we love her a lot!



**Does your pet have star quality?**

We'd love to feature them in an upcoming newsletter!  
Send a clear photo and a few fun facts to  
[jenmodry@gmail.com](mailto:jenmodry@gmail.com)

## Get Involved!

### Photos around the 'hood 📷

Do you have any photos of the parks or trails in our beautiful neighbourhoods? Submit them to [rtcl.newsletter@gmail.com](mailto:rtcl.newsletter@gmail.com) and we'll try to include them in upcoming issues!

### Edmonton Green Shack Program

[The Green Shack](#) program is a free, drop-in program that runs throughout the summer (until Fri Aug 21, 2026). Program staff organize games, crafts and events aimed at children ages 6 to 12.

- *Patricia Heights Playground*: Mon-Fri (10am-1pm)
- *Rio Terrace Playground*: Mon-Fri (2-5pm)

## Annual General Meeting

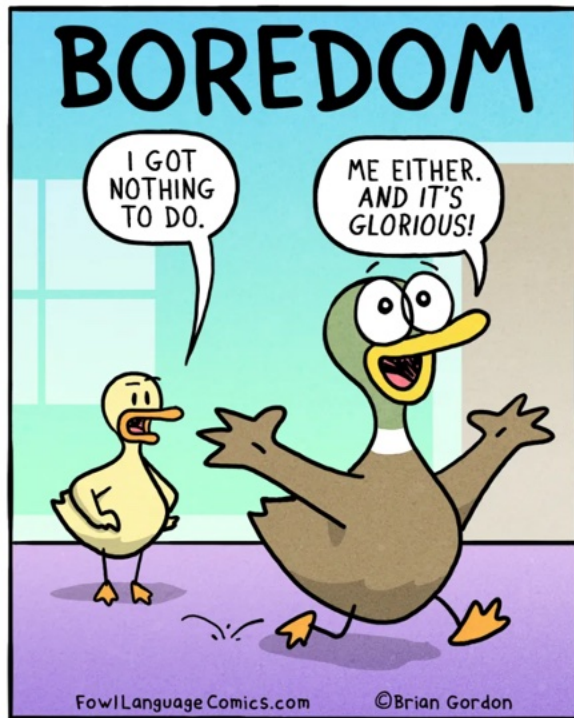
September 23<sup>rd</sup>, 2026 at 7pm

15504 76 Ave



RIO TERRACE  
PATRICIA HEIGHTS  
QUESNELL HEIGHTS

JOIN US



Shared with permission by Brian Gordon  
([fowlanguagecomics.com](http://fowlanguagecomics.com))



Shared with permission by Nick Seluk  
([theawkwardyeti.com](http://theawkwardyeti.com))



Shared with permission by Nick Seluk  
([theawkwardyeti.com](http://theawkwardyeti.com))



Shared with permission by Jimmy Craig  
([theycantalk.com](http://theycantalk.com))



## CALL FOR DONATIONS TAX DEDUCTIBLE RECEIPTS!

### CURRENT AREAS OF NEED

- Rink operations
- Social Events
- Hall Improvements



**Please consider making a donation to help  
the Rio Terrace Community League.**

**SEND YOUR DONATION**

**QR TO DONORBOX**



[donorbox.org/rio-terrace-donations](https://donorbox.org/rio-terrace-donations)



Mail or drop off to:  
15504 76 Ave NW,  
Edmonton AB T5R 4L8

